



# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 1, 2016

JANUARY SUNRISE/SUNSET: 1 7:16 • 5:47 2 7:17 • 5:47 3 7:17 • 5:48 4 7:17 • 5:49 5 7:17 • 5:49 6 7:17 • 5:50 7 7:18 • 5:51



Dylan and Katarina Goitz

## Fiesta Bowl Shell Art

Dylan Goitz, a sophomore at University of Notre Dame, and his sister Katarina Goitz, a senior at Notre Dame, are attending their college's Fiesta Bowl game on January 1 against Ohio State in Arizona. They celebrated by building a shell and sand sculpture on Christmas Eve in front of their vacation condo at Sanibel Surfside. The Goitzes are from Michigan.✧

## Eight Vie For Two Planning Commission Seats

by Jeff Lysiak

At the first city council session of the new year, eight applications will be considered for a pair of Sanibel Planning Commission seats due for appointment.

In addition to incumbents Chris Heidrick and Jason Maughan, six newcomers – Frantz Berlin, Chloe Bowman, Robyn Cook, Thomas Foley, David Sass and Jonathan Tongyai – are seeking appointment to the pair of three-year terms.

Currently serving as the commission's vice chair, Heidrick is the owner of Heidrick & Company Insurance and Risk Management Services, LLC. Maughan, who is seeking his second term, is the managing attorney for Maughan Law Group.

A retired executive with Unilever, Berlin earned a master's degree in regional and city planning at Pratt Institute. He previously served on the planning board in Saddle River, New Jersey.

Bowman, a realtor with VIP Realty, formerly co-owned a manufacturing company in

continued on page 7

## 'Ding' Darling Kicks Off 2016 Lecture Series

Cindy Bear from Randell Research Center on Pine Island and author Martha Kendall team up to talk about how local flora helped the Calusa culture to thrive centuries ago. As a kick-off to the 13-part "Ding" Darling Friday Lecture Series, they will present two programs beginning at 10 a.m. and 1 p.m. on Friday, January 8 in the "Ding" Darling Visitor & Education Center on Sanibel.

"The Calusa were among the most powerful Native American groups," said Bear, programs and services coordinator at Randell. "If we try to imagine their world without plants, we quickly realize their way of life would have been impossible without them. In this presentation, we will describe the Calusa way of life and then focus on plant remains archaeologists have identified from excavations at Pineland, site of the second largest town of the Calusa. We will also show how past people have used these plants for firewood, housing construction, medicine, fiber, tools and more."

Kendall, author of *The Plant World of the Calusa: A View from Pineland*, planted the first native garden at Pineland's Calusa Heritage Trail. Her color illustrated book focuses on how the Calusa used various plants that grew during their 1,500-year reign in Southwest Florida.

Following their presentations, Kendall will sign copies of her book, which is available

continued on page 9



Author Martha Kendall



Cindy Bear of the Randell Research Center



# Yappy New Year!



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Board member Ellen O'Neill, training committee chair Gayle Pence and volunteer Nanette Laurion

## Historical Village Training Program

The Sanibel Historical Village board and committee members will conduct a training program to get new docents started and to help current docents refresh their memories about the many historical buildings, artifacts and stories to share with visitors.

The program will consist of two classes. The first of the two classes will be at 1 p.m. January 16 in the village's Old Schoolhouse and will feature presentations by village experts as well as a guided tour through the village.

The second training class is scheduled for 1 p.m. January 25, also at the Old Schoolhouse.

Museum Manager Emilie Alfino said, "Anybody can docent even if they start out without any specific knowledge of Sanibel history. We will teach you what you need to know and are always avail-

able to help." Anyone interested in becoming a docent or volunteer should call Alfino at 472-4648.

"We are extremely grateful to the people who are willing to volunteer their time to help the historical village," Alfino said. "Everyone is very busy these days, but I hope our docents find their time here to be enjoyable and perhaps even a bit of a respite and change of pace from their daily lives, so different now from the time when people were living and working in the historical village's buildings."

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For information, call 472-4648 during business hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).✱

Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

## American Legion Post 123

On Friday, January 1, American Legion Post 123 will have a Willy Jones' New Year's Day Pig Roast.

A meatloaf dinner is on the menu for Sunday, January 3 from 1 to 8 p.m.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day and on Fridays, it's a six-ounce ribeye steak sandwich. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

Next Sunday, January 10, the dinner is barbecued ribs and chicken.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

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Tuesday, February 16, 2016

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Wednesday, March 9, 2016

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Dr. Frederick W. Schaerf, *Neuropsychiatric Research Center of SWFL*

David F. Port, J.D., *The Naples Trust Company*

Memory loss can jeopardize the strength of an estate plan.

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# Course On Judaism, Islam And Christianity

The Sanibel Congregational United Church of Christ announces its Theological Studies offering for January which will feature three faith leaders in dialogue. The course, titled After Abraham: Judaism, Christianity and Islam, will be held Wednesdays, January 13, 20 and 27. Identical sessions will be offered each day at 10 a.m. and 7:30 p.m.

The course will be co-taught by Rabbi Myra Soifer (Bat Yam Temple of the Islands on Sanibel), Rev. Dr. John Danner (Sanibel Congregational United Church of Christ) and Imam Mohamed



Rabbi Myra Soifer



Rev. Dr. John Danner



Imam Mohamed al-Darsani

al-Darsani (Islamic Center for Peace in Fort Myers)

The they will address some of the theological basics in each of their traditions, focusing on God, sacred texts, sin, evil and forgiveness.

Rabbi Soifer was one of the first ten women ordained as rabbi after Reform Judaism accepted them in 1972. Born in 1950 in Miami, Soifer attended Lawrence University in Appleton, Wisconsin, earned a master of arts in Hebrew Letters at Hebrew Union College in Cincinnati in 1977 and was ordained there a year later. She served as student rabbi at the Jewish Community Center in Union City, Tennessee, and at Temple Beth Shalom in Charlotte, North Carolina before becoming assistant rabbi in New Orleans in 1978. She served Temple Sinai in Reno beginning in 1984 until she formally retired after 25 years there. Rabbi Soifer began her tenure at Temple Bat Yam in 2013.

Pastor Danner has served at the church since January of 2010. Dr. Danner has degrees from Bradford (Massachusetts) College, the University of Maine, Bangor (Maine) Theological Seminary and a PhD in Religious Studies from Boston University. Dr. Danner was ordained in 1980 by the United Church of Christ. He is a Fellow in the American Association of Pastoral Counselors, and has studied at the Shalem Institute of Spiritual Formation. He served congregations in New England, New York and New Jersey before moving to Sanibel. He has contributed to two volumes of liturgical materials, and has been published in *The Christian Century* and other journals.

Imam Al-Darsani Mohamed Al-Darsani is the Imam and founder of the Islamic Center for Peace in Fort Myers. He has held this position since the center's founding in May 2005. As the Imam and President of the Center, he overseas and directs all functions

regarding Islamic Studies, Community Outreach Programs, Interfaith Dialogues, faith based counseling and consulting, as well as conducting worship services. Imam Al-Darsani is fluent in Arabic and English and conducts all religious ceremonies in both languages to insure that American and non-Arabic speaking Muslims and those interested in Islam are able to learn about and grow in Islam.

His Islamic education started at age 7 and continued until he left Syria at 25 under the supervision of the Grand Mufti of Syria (Sheikh Ahmad Kuftaro). He developed a close personal relationship with the Grand Mufti and the surrounding scholars due to his unique privilege of being next door neighbors to both the Mosque and the Grand Mufti himself. He was acknowledge by the disciples and teachers of the Grand Mufti and encouraged to teach and lecture about Islamic virtues and to perform sermons in Damascus.

Imam Al-Darsani holds a B.S. in Computer Science from Louisiana Tech University. Prior to immigrating to the United States, he attended Damascus University's College of Civil Engineering in Syria.

The course is free and open to the public. The church is located at 2050 Periwinkle Way on Sanibel. For further information, call the church office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).

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feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.

In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know. This is the third consecutive year for these popular calendars, and they are available at these island favorite stores:

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## Master Gardener Lecture Series

The next meeting of the Master Gardener lecture series (#76) will be held at the Sanibel Library on Thursday, January 7, at 10 a.m. Our speaker will be Amy Bennett Williams, who will read some of her ORAI essays and observations and will entertain questions from the audience.

Williams is former editor of *Gulfshore Life* and current editor of *Tropicalia* published by *The News-Press*. She contributes weekly oral essays on WCGU/PBS Radio and is a senior writer for *The News-Press* column *Field Notes*. She is an essayist, naturalist, book author and ecologist.

Amy never lost her curiosity that she combines with her keen power of observation and reflection to take her readers and listeners to many diverse places while pointing out often unnoticed and unappreciated relationships and connections. Williams gives us a deeper appreciation of our natural environment, which is a complex ecosystem – delicate, dynamic and beautiful.

Join us to hear a naturalist with a wealth of experiences and the ability to



**Amy Bennett Williams**

communicate her observations in a wonderfully clear and poetic fashion.

The event is free and open to the public – seating is limited.\*

## Top Ten Books On The Island

1. *The Aviator's Wife* by Melanie Benjamin
  2. *The Storied Life of A.J. Fikry* by Gabrielle Zevin
  3. *A Land Remembered* by Patrick D. Smith
  4. *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows
  5. *Assassin's Honor* by Robert Macomber
  6. *The Sanibel Sunset Detective* by Ron Base
  7. *Rogue Lawyer* by John Grisham
  8. *Yes Please* by Amy Poehler
  9. *In the Heart of the Sea* by Nathaniel Philbrick
  10. *63 Innovation Nuggets* by George Barbee
- Courtesy of Sanibel Island Bookshop.\*

Our email address is  
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# Atlantic Necklace Turrid



The Atlantic necklace turrid, *Pilsbryspira monilis* (Bartsch & Rehder, 1939), is a moderately uncommon Captiva islands. about 15 mm

## Daily Island Inn Morning Beach Walks



photos by José H. Leal

continued on page 29

# Island Winds Coiffures

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**Native myrtleleaf St. John's-wort has bright yellow flowers and blue-green clasp leaves** photo by Gerri Reaves

Plant Smart

## Myrtleleaf St. John's-Wort

by Gerri Reaves

**M**yrtleleaf St. John's-wort (*Hypericum myrtifolium*) is one of more than 30 St. John's-worts in Florida. In the wild, it's found in wet pinelands and prairies and along ponds and lakes.

This low-maintenance, easy-to-grow native with beautiful foliage and flowers is under-used in the home landscape.

Myrtleleaf grows erect to two to three feet with an irregular form or sometimes trails along the ground.

It has elliptic blue-green clasp leaves and large bright yellow flowers at the branch ends. The five-petaled flowers with many yellow stamens attract various pollinators.

This multi-stemmed dwarf shrub can spread via underground root suckers, but is easily controlled in a landscape setting.

Give this plant full sun to partial shade with plenty of moisture and don't let it dry out. It is not salt tolerant.

Propagate it with seeds or just let the root suckers spread.

Many St. John's-worts are used as herbal remedies.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, and hawthornhillwildflowers.blogspot.com.

*Plant Smart explores the diverse flora of South Florida.*✱

From page 1

## Planning Commission Seats

Minnesota. She earned degrees in business from St. Mary's University of Minnesota and organizational development from Penn State University.

Previously serving as a member of the city council, planning commission and design review board of Wayzata, Minnesota, Cook is a retired marketing and creative services consultant.

Foley, a former member of the planning commission and board of adjustment in Colts Neck, New Jersey, also served as mayor in his hometown. He is a retired municipal court judge.

A certified public accountant, Sass earned a degree in economics from Cleveland State University. He has also served as a youth soccer coach and high school soccer referee.

A Sanibel resident since 1972, Tongyai is a general contractor and professional photographer. He earned his degree in building construction from the University of Florida's College of Architecture.

Both commission seats, which will expire on January 14, 2019, will be appointed during the Tuesday, January 5 council meeting, which will begin at 9 a.m. at MacKenzie Hall.✱



**THE ISLAND WATER ASSOCIATION, INC**

It is election time at IWA again, and next year two seats on our Board of Directors will be up for election. The seats are currently held by Ralph E. Sloan, and John R. Cunningham. Mr. Sloan is running for his 2nd term, and Mr. Cunningham is completing his 3rd and final term. IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA's Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at beau@islandwater.com by no later than January 8, 2016.

Background checks are required on all Board candidates.

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# The Community House

## Shell Crafters

If you are interested in learning a new craft and meeting new people, join the Sanibel Shell Crafters. No experience is necessary; there are instructors and assistants available. The lessons are free, all materials are provided but since the group is dependent on donations for the supply of shells, collections are welcome. You can make flowers, jewelry, animals and other creations out of shells and other sea life.

Instructors and assistants are there every Monday from 10 a.m. to noon (no classes in March). Dessert and coffee are provided, but bring a brown-bag lunch if you'd like, as the regulars meet until 3 p.m.

All shell creations made by volunteers are sold during the annual Shell Festival in March. The crafters have been meeting weekly since the late 1920s. The group was created in order to prepare for the shell fair.

## Birds of Brazil

The Community House is hosting the first of a lecture series, sponsored by The Sanibel Captiva Trust Company. Beautiful Birds of Brazil with Ron Clarke will be the subject on Saturday, January 2 at 7 p.m. Donations at the door are appreciated.

Clarke, who lives in Millburn, New Jersey and Sanibel, has been taking photographs of birds ever since the turn of the century. During that time, he has taken about 100,000 photographs.

The slides that will be shown were taken during two trips to Brazil. The first trip was to the Pantanal, a huge tropical wetlands spilling into Bolivia and Paraguay. The second trip was to the highlands of the Atlantic coast of

Brazil between Rio de Janeiro and Sao Paulo. The birds pictured in the slides include macaws and parrots, toucans, storks and herons, raptors and hummingbirds.

## McCormick Spices

Francis Tutt, principle scientist at McCormick and Company, will introduce you to the world of spices on Monday, January 4 from 7 to 8 p.m. There will be spice samples and specialty items as well. A \$5 donation is suggested at the door. The Sanibel Captiva Trust Company is the sponsor.

## Economic Insights

Returning to The Community House is Anne Krueger, who will use her common sense approach to explain her thoughts on the economic concepts that are shaping our world. Listen to her perspectives followed by a questions and answer session. Krueger will be there Wednesday, January 6 from 10 to 11:30 a.m. The Sanibel Captiva Trust Company is the sponsor.

## Free Energy Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda on the following Wednesdays:

- January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.
- February 3, 6 to 8 p.m. Pain overriding your life? Loosen the congestion with Energy Medicine tools.
- March 9, 4 to 6 p.m. Use Energy

Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.

- April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, a matrimonial lawyer for 30-plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email ksemmelmanenergy@gmail.com.

## Colorful Sips

Evening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members, \$55. The Colorful Sips painting classes will be held on the following Wednesdays from 7 to 9 p.m.: January 6, January 20, February 3, February 17, March 16, April 6 and April 20.

No experience is necessary. All the materials will be provided. Bring your favorite wine and a snack for sharing with fellow artists.

## Love Your iPhone/iPad

The course covers set-up, navigation and safe use. An extensive handout recaps the course for mastery to continue at home. Topics include techniques to improve efficiency, use of the Cloud, exploration of specific high value apps and how to fall in love with Siri. Cost is \$40 for members and \$45 for non-members.

Classes will be held from 9:30 to 11 a.m. with an hour open for questions. Beginner classes will take place on Thursdays: January 7, February 11 and April 7. The intermediate class will take place on Thursdays: January 28 and March 10. Update your iPhone's operating system to the most recent iOS option prior to coming to the class.

## Historical Panel Of Women

Enjoy history? Come see these four delightful women as they share their own historical memories of Sanibel Island at the Community House on Wednesday, January 13 from noon until 1:30 p.m. Featured women are Mariel Goss, who lives on Sanibel and assisted with many historical projects; Jeri Magg, a local author; Deb Gleason, who grew up and went to school on the island; and Sue Pickens, who owned the Photo Studio. The panel and luncheon requires a \$35 pre-paid reservation for Sanibel Community Association members and \$40 for guests. Pay prior to 3 p.m. on Friday, January 8 if planning on lunch. A light meal of grilled chicken Caesar salad and dessert is included. The meal is followed by the speakers' panel.

## Fine Artisan Fair

Fond of fun and high quality art? Visit this boutique art show on Friday and Saturday, January 15 and 16, from 9 a.m. to 4 p.m. to see and purchase many items! Donated admission.

The mission of The Community house is to enrich community spirit through educational, cultural or social gatherings in our historic community house.

## Lanai Art

Using palm fronds, lanai art is created with beautiful scenes and figures, a masterpiece of easy craftship that can be presented at your home, or given as a gift. Art Instructor Jenny M. Licht will teach the class on Monday, January 18 from 6 to 9 p.m.

No experience is necessary, as palm husks are prepared in advance by aging and warping processes. Students can create any variation on the theme and instruction/assistance will be provided! The class requires a \$50 pre-paid registration for Sanibel Community Association members and \$60 for guests. Included with that registration cost are the following: aged palm husk, paints, use of brushes, rubbing alcohol, cotton balls, paint cloths, hot glue gun with glue and additional small decorative items. Register by calling the Community House. Cancellation fees may apply. Minimum number of students required.

## Paper Crafts

Create unique and special greeting cards to share with friends and family. Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasions, special events and holidays.

Various techniques will be shared including stamping, embossing, cutting, creative folding and embellishing. Workshop fee includes all supplies. Class dates are Tuesdays: January 19, February 16 and March 15 from 9:30 a.m. to 12:30 p.m.. Fee for members is \$25 and \$35 for guests. Prepayment is required.

## Cooking With The Islands' Stars

Cooking with the Islands' Stars on Wednesday, February 24 is open to family chefs, no professionals allowed. It is all about caring and sharing your passion for cooking and having fun doing so. So many islanders bring stories about family dinners, new or passed-along recipes, and unique heritage to the community.

There will be five contestants, three judges and two prizes. The Community House has teamed up with *Real Food Real Kitchens* to give everyday people the chance to be in a TV segment of the food show as well as in an article on why this recipe means so much to their family.

Stop by and pick up an application, go to [www.sanibelcommunityhouse.org](http://www.sanibelcommunityhouse.org) or call 472-2155.

The Community House is located at 2173 Periwinkle Way. For information and reservations, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*



### SUPPORT OUR COMMUNITY HOUSE

<http://sanibelcommunityhouse.net/renovation-campaign/>

- \* Restore the Heart of the Islands for our 57 local organizations that utilize the facility.
- \* Over 50,000 people utilize the facility each year

"The Kiwanis support The Community House wholeheartedly! We love having the Spaghetti Dinner there and I had my birthday party there too. It's a special place, but we realize it is "falling down" and needs major work to bring it to code. Everyone needs to support this!"

Ken Burgener





From page 1

## Lecture Series

for purchase in the Refuge Nature Store, all proceeds of which benefit refuge wildlife and conservation and education programs.

Admission is free. The lectures are sponsored by HighTower

Advisors Fort Myers and Mike and Terry Baldwin, with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

New seating policy: Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome in the "Ding" Darling Visitor & Education Center, Indigo Trail, and at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/lectures](http://dingdarlingsociety.org/lectures). For the schedule of the



2016 DDWS Film Series, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

Future lectures:

\*January 22 – Cynthia Barnett – Rain: A Natural & Cultural History

January 29 – Dr. Ken Meyer, ARCI – The Dance of the Reddish Egret: From 'Ding' to North Florida

\*February 5 – Ellen Prager – Sex, Drugs and Sea Slime: The Oceans' Odddest Creatures and Why They Matter

\*February 12 – Don and Lillian Stokes – Better Birding

February 19 – No lecture

February 26 – Jerry Lorenz – Roseate Spoonbills in Florida Bay: Pink Canaries in a Coal Mine

\*March 4 – Steve Noll – Ditch of Dreams: The Cross Florida Barge Canal and the Struggle for Florida's Future

\*March 11 – Leslie Kemp Poole – Saving Florida: Women's Fight for the Environment in the Twentieth Century

March 18 – Emily Stokes, Reef.org – Invasion of the Lionfish

March 25 – Ian Bartoszek – Pythons in Paradise: Collaborative Burmese Python Research in Southwest Florida

April 1 – Joe Wiegand – Teddy: The Conservation President *Reprisal*

\*April 8 – John H. Hartig, Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge

\*April 15 – Sandra Friend and John Keatley, The Florida Trail Guide

\*Starred lectures indicate a book-signing to follow.\*

## San Cap Motor Club To Hold Another Cruise-In

Saturday, January 2 marks the monthly cruise-in for the San Cap Motor Club. Periwinkle Place Shopping Center is the stage from 9 to 11 a.m. Everyone is welcome, with or without a car.

Participants can park in the front of the shopping center in an informal setting to share their love of all types of motor vehicles. The event is casual with no pre-registration necessary.

"Now that the winter residents have returned, we think even more participants will attend this weekend," said club member Scot Congress.

Last year was the club's inaugural year and many turned out for a fun Saturday morning talking cars with islanders. The first event was held last September. Many individuals have joined since the inception and the club now has more than 50 members.

Memberships are available for \$50, T-shirt included. Forms are available at the cruise-in. Last month, over 40 cars participated.

For more information on joining the San Cap Motor Club, contact Mike Stone at 322-0044 or [mike@sancapstone.com](mailto:mike@sancapstone.com), or Scot Congress, 472-4177 or [scot@scongress.com](mailto:scot@scongress.com). The club also has a website, [www.sancapmotorclub.com](http://www.sancapmotorclub.com).\*



John Mason with his VW Bus



Car enthusiasts of all ages are welcome

**SAN CAP MOTOR CLUB, INC. PRESENTS**

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The Community House  
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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, January 1 – Closed**  
**Saturday, January 2, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. A live animal encounter will follow the presentation.

**Sunday, January 3 – Closed**  
**Monday, January 4, 9 to 10 a.m.** \$7 per person, advance registration required – Ambassador Monday.

Ambassador Monday features a presentation by one of CROW's staff members in the visitor center with one of the education residents. Animal ambassadors have received an injury preventing their release back into the wild. The program includes the species' natural biology, guest appearance and a continental breakfast. There will be a photography opportunity with an animal ambassador and CROW staff.

**Monday, January 4, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW is able to treat 3,500 animals annually with the assistance of its students, who become experienced wildlife care professionals at the teaching hospital. During this program, students dive into the world of conservation medicine and wildlife rehabilitation while discussing patient stories and personal victories.

**Monday, January 4, 4 p.m.**, \$7, advance registration required – Speaker Series, Birding in the Refuge with guest speaker Becky Larkins, education ranger at the JN "Ding" Darling National Wildlife Refuge.

The JN "Ding" Darling National Wildlife Refuge was created to safeguard and enhance the pristine wildlife habitat of Sanibel Island, to protect endangered and threatened species, and to provide feeding, nesting and roosting areas for migratory birds. Today, the refuge provides important habitat to over 220 species of birds. Larkins, who is an avid birder, will share her knowledge about birding at the refuge, add insight into the best times, discuss the most common species found in the refuge and how to better your chances to view rare bird species like the roseate spoonbill or highly elusive mangrove cuckoo.

**Tuesday, January 5, 11 a.m.**

**and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

**Wednesday, January 6, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101 presented by a CROW volunteer.

Have you ever come across an animal in distress? Do you know the proper way to transport it to CROW for treatment? This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

**Wednesday, January 6, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to

all, but it is not recommended for children under the age of 13. There will be a photography opportunity following the tour with an animal ambassador.

**Thursday, January 7, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

Gopher tortoises, latin name *Gopherus polyphemus*, are long-lived reptiles that occupy upland habitat throughout Southeastern United States. They are named for their ability to dig holes that in turn provide a huge commodity for other species of wildlife. One of CROW's team members will teach you more about their biology, ecological contributions as well as describe the medical treatments they receive once admitted as a patient. A live animal encounter will follow the presentation.

**Friday, January 8, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. A live animal encounter will follow the presentation.

**Friday, January 8, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff respon-

sible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. There will be a photography opportunity following the tour with an animal ambassador.

**Saturday, January 9, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, January 9, 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. A live animal encounter will follow the presentation.

**Sunday, January 10 – Closed**\*



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E-mail: [press@islandsunnews.com](mailto:press@islandsunnews.com)

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## Buy Your Dog License Before February 1 To Avoid Late Fee

Sanibel dog owners are encouraged to stop by the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, prior to Monday, February 1 to purchase their 2016 dog license to avoid the late fee. Dog licenses purchased by January 31 are \$10. Dog licenses purchased on or after February 1 are \$15.

Proof of current rabies inoculation is required at the time of purchase. Due to the fact that veterinarians are now giving rabies inoculations with 1- to 3-year validity, be sure to give the expiration date on the dog license application form and not the date the inoculation was given.

The Sanibel Recreation Center is open seven days a week. Call 472-0345 if you have any questions. Note: only service animals are allowed inside the Recreation Center. For more information, visit the website at [www.mysanibel.com](http://www.mysanibel.com).✪



Ron Nixon, Clair Beckmann and their 4-year-old golden retriever Lily



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## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers  
Reverend Dr. Elias Bouboutsis. Orthros  
Service Sunday 9 a.m. Divine Liturgy  
Sunday 10 a.m. Fellowship Programs,  
Greek School, Sunday School, Bible  
Study. [www.orthodox-faith.com](http://www.orthodox-faith.com), 481-2099

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
night services at 7:30 p.m. in the  
Fellowship Hall of the Sanibel  
Congregational United Church of Christ,  
2050 Periwinkle Way. Rabbi Myra Soifer.  
For information call President Martin  
Pokedoff at 239-395-2544.

### CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris  
Services every Sunday 11 a.m. through  
April 24, 2016. 11580 Chapin Lane on  
Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.;  
Sunday School 10:30 a.m., Wednesday  
evening meeting 7:30 p.m.; Reading room  
open, Monday, Wednesday and Friday  
10 a.m. to 12 p.m. (November through  
March), Friday 10 a.m. to 12 p.m. (summer  
hours). 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday 10 to noon  
Meeting now at George & Wendy's  
Sanibel Seafood Grille, 2499 Periwinkle  
Way, Park and enter side door please  
Pastor Mark Hutchinson 239-284-6709

### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684  
Dr. Daryl Donovan, Senior Pastor  
Sunday Worship: 8 a.m. Traditional in

historic Chapel, 9 a.m. Contemporary and  
11 a.m. Traditional in main Sanctuary,  
10:15 a.m. Courtyard Fellowship, 9 and 11  
a.m. Bible classes. Childcare available at  
all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497  
The Reverend Dr. John H. Danner, Sr.  
Pastor. The Reverend Deborah Kunkel,  
Associate Pastor. 7:45 a.m. Chapel  
Service, 9 and 11 a.m. Full Service with  
Sunday school and nursery care provided.  
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### ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763  
Pastor Reverend Christopher Senk,  
Saturday Vigil Mass 5 p.m., Sunday  
Mass 8:30 and 10:30 a.m., May through  
October 9:30 a.m. only. Daily Mass  
Wednesday, Thursday and Friday 8:30  
a.m. Communion Service Monday and  
Tuesday 8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30  
a.m. Sunday Eucharist, 10:30 a.m. Sunday  
School, 9 a.m. Tuesday Morning Prayer, 9  
a.m. Wednesday Healing Eucharist, 6 p.m.  
First Wednesdays Prayer and Potluck. 6  
p.m. Third Wednesdays Taizé Service.  
472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month  
from December through April at the  
Sanibel Congregational Church, 2050  
Periwinkle Way at 5 p.m. A pot luck is held  
at a member's home on the third Sunday  
of each month. email [ryi39@aol.com](mailto:ryi39@aol.com) or  
433-4901.✱

## OBITUARY



### JULIA S. WOLANIN

Julia Solecki Wolanin passed away  
on December 21, 2015 after a brief  
illness.

She was born on November 3, 1919  
in Philadelphia and married Vincent J.  
Wolanin in October 1941.

She grew up during the hard  
Depression years and after her husband  
passed away in September 1962, she  
raised her two sons with the determina-  
tion of a strong woman who was going to  
survive. It was through this determination  
that she became a fiercely independent

woman who worked well into her 80s.

She is survived by her sons Vincent  
(Illona) of Sanibel Island, Florida; and  
Gregory of Loudonville, New York. She  
had six grandchildren: Victoria Julia  
(Michael Eagan) and Whitney (Jack  
Sheahan) of Florida; Allison Abdelnour  
(Jeffrey) of Latham; Meredith Gaucher  
(Daniel) of Columbia, Connecticut; Eric  
of Florida; and Timothy of Loudonville,  
New York. Julia had two great grandchil-  
dren: Austin and Addison Abdelnour of  
Latham.

Julia's memorial mass was celebrated  
at St. Pius X Church in Loudonville on  
Tuesday, December 29, 2015, with burial  
at St. Mary's Cemetery in Philadelphia  
(Elkins Park).

In lieu of flowers, donations are being  
accepted for student scholarships at:  
Rockin' Christmas Fund, PO Box 1515,  
Sanibel Island, FL 33957-1515.

For information, to light a memory  
candle or order flowers for the family,  
visit [www.dufresneandcavanaugh.com](http://www.dufresneandcavanaugh.com).✱

## Chuck Nave Life Celebration

A celebration of life service for  
Charles Allen Nave Jr. (Chuck)  
will be held at Sanibel Community  
Church on Saturday, January 9 at 2  
p.m.

He passed away on December 21  
after a bravely fought battle with ALS.

Sanibel Community Church is located  
at 1740 Periwinkle Way, Sanibel.✱

## THE GROG SHOP

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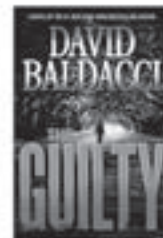
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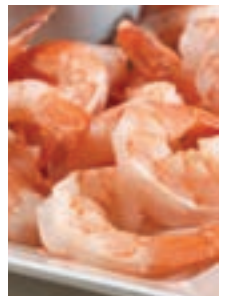
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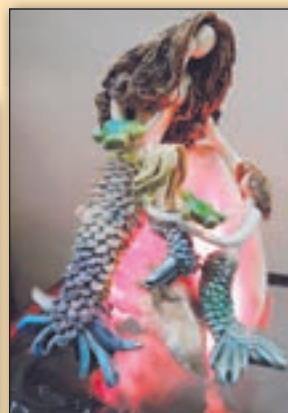
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## Cereal Bandits Deliver For FISH



On December 22, members of the Kiwanis Club of Sanibel-Captiva joined the staff and volunteers at FISH of SanCap, where 546 boxes of breakfast cereal had been delivered. According to Tom Louwers, this year's collection - conducted by the infamous Cereal Bandits - exceeded last year's total of 505 boxes. Assisting the Kiwanians in collecting cereal, which will be distributed to FISH clients, were residents of Periwinkle Park and the island community, along with a financial contribution from Craig Albert and Sanibel Captiva Community Bank. In addition, the Milk Maids - including Lynn Riddlehoover, Lynne Campean and Nancy Bender - are helping to provide funding for milk to be provided for FISH cereal recipients.

photo by Jeff Lysiak

## Sanibel Congregational Group Attends Florida Rep Holiday Play



Henry Crater is congratulated by Journey members Andrew, Katelyn and Amaya after his final performance as Ralphie in *A Christmas Story* at the Florida Repertory Theater

Members of Sanibel Congregational United Church of Christ spent last Sunday afternoon at the Florida Repertory Theater cheering on two of their own appearing in *A Christmas Story*. The group of 31 adults and youth went to see Henry Crater as Ralphie and Annabel as Esther Jane in this classic Christmas tale of a boy who wants nothing more than to find a "official Red Ryder, carbine action, 200-shot range model air rifle" under the tree Christmas morning.

The matinee performance was the closing one for Henry and Annabel, the



Annabel Crater, still wearing her glasses from her final appearance as Esther Jane, is congratulated by Caitlin, one of the members of the youth group Journey that both Annabel and Caitlin attend on Wednesday evenings

children of Drs. Scott and Dana Crater. Members from Sanibel Congregational United Church of Christ's youth group Journey joined the congregation's members for the afternoon show. It was a wonderful way for congregation members to share a fun holiday season afternoon.✱

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Teagan Clark and Harrison Jones

## It's Dinnertime

At a recent Summit Christian Preschool gathering, Teagan Clark and Harrison Jones prepared to enjoy dinner at their preschool, located on the campus of Sanibel Community Church, located at 1740 Periwinkle Way.

Free play on the updated playground is part of their everyday activities. The preschool has a few openings for 3 year olds and VPK students. For enrollment information and a tour, call Kathy Stanley at the main campus at 482-7007.✱

## Night Of Worship

On Sunday night, January 3 beginning at 5 p.m., Sanibel Community Church will again be hosting a Night of Worship and Communion. This is a time of improvisational and spontaneous worship in the Sanctuary. Childcare will be available. We invite all that are interested to join us as we worship.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For additional information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✱

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## BIG ARTS Launches Talking Points Program

**B**IG ARTS was created in 1979 for the community by the community. It began with a simple, powerful idea by a small group of Sanibel-Captiva artists: Create a vibrant, welcoming place that would inspire artistic expression, foster community connection and offer stimulating educational opportunities that enriched the lives of all island visitors and residents.

That passionate commitment to community lives on today in BIG ARTS' quality performances and gallery shows, approximately 240 annual workshops ranging from pottery to photography, the Winter Academy study program, and the popular FORUM lecture series featuring national thought leaders.

BIG ARTS is now launching a new component of its enrichment programs with a new pilot project: Talking Points: A Community Dialogue.

There are ten, 2-hour, interactive sessions covering a diverse kaleidoscope of topics from American history and economic trends, to emerging technologies, environmental impacts and the power of art. It is intended to be a community conversation on the compelling issues of the day.

"We are indebted to George Barbee and his talented volunteer committee for their hard work in creating a wonderful format of fast-paced, affordable (\$8 for members) sessions that not only capitalize on the expertise of the impressive group of professionals they have gathered, but



**Dick Pyle**



**James Rudin**

will also capture the creative ideas that come from community interaction," said Lee Ellen Harder, executive director.

"BIG ARTS is looking to attendees as co-creators of future Talking Points. Believing that the best ideas come out of the brilliance of groups, a short period at the end of each session will allow us to hear your valuable feedback and ideas on what you would like to see in the Talking Points space in the future," Harder added.

The series kicks off on January 5 and runs through April 7.

**January 5, 9:30 to 11:30 a.m.**

**Dick Pyle**

*Outlook for the U.S. Economy in 2016 and Its Impact on the Middle Class*

The U.S. recovery from the financial crisis led the world in both growth and employment improvement. With the exception of Germany and Great Britain, few countries have shared this experi-



**Gerard Damiano**



**Tom Dunham**

ence, raising the question of how long the U.S. recovery can be maintained. Moreover, there is a concern that the benefits of this growth have not been spread evenly throughout society, resulting in a decline in the size of the middle class.

This session will explore the depth of the recovery, how long it can be sustained and the implications for the middle class. Questions addressed will include:

- Is income distribution a real problem in the United States?
- How does the United States economy compare to developed and underdeveloped countries?
- What are the trends and future outlook implications?

The panel includes Dick Pyle, president of Sanibel Captiva Trust Company, who has 44 years of experience in investment research and portfolio management; Michael and Peter Hochschild of Traxys, experts in trading and marketing



**Aaron J. Cohen**

of minerals and metals; and Dr. Jan-Martin Meij, assistant professor of sociology for Florida Gulf Coast University. Dr. Meij obtained his PhD in environmental sociology and social stratification from Oklahoma State University. He teaches courses

in social stratification, social problems, sociological theory and a course called Understanding the Current World.

**January 12, 10 a.m. to noon.**

**James Rudin**

*The Civil War: Surprising Issues*

This session is an opportunity to hear and participate in a condensed version of the very popular Civil War course by Rabbi James Rudin. The seminar focuses on the political and military leadership of both sides, the war's extraordinary significance for American history and other surprising elements.

Rabbi Rudin is the American Jewish Committee's senior interreligious adviser and distinguished visiting professor of religion and Judaica at Saint Leo University. He served as a U.S. Air Force chaplain in Japan and Korea and did graduate studies in American History at the University of Illinois. Since 1991 Rabbi Rudin has

continued on page 19



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## BIG ARTS

Workshops  
And Seminars

**B**IG ARTS offers more than 270 workshops and seminars this season – a myriad of opportunities to explore your creative skills and expand your mind. The schedule is:

**DANCE****Beginners Tap**

Introduction to tap, including basic techniques, concepts and styles with Bobby Logue, five weeks: members \$56, non-members \$70. Fridays, 10:45 to 11:45 a.m., January 8 to February 26 (no class January 15, 29, February 12).

**DISCUSSION GROUP:**

View, Read and Discuss the Theater (All levels) with Bob Ogden, 13 weeks, members \$60, non-members \$75, Fridays, 10 a.m. to 12 p.m., January 8 to April 1.

**DRAWING****Life Drawing**

(Non-instructed open studio). Improve drawing skills by using the living human form as subject, in short and sustained poses (All levels) with Carol Rosenberg, four weeks: members \$64, non-members \$80, Fridays, 12:15 p.m. to 2:45 p.m., January 8 to 29.

**FINE CRAFTS****Glass Fusing**

Create different functional or expressive forms of glass using various forming techniques (All levels) with Petra Kaiser, four weeks: members \$99, non-members \$124, Wednesdays, 9:30 a.m. to 12:30 p.m. January 6 to 27 or Thursdays, 9:30 a.m. to 12:30 p.m. January 7 to 28.

**Learn to Weave**

Learn to weave in a simple, compact, sturdy, and portable way – on a rigid heddle loom (Beginners) with Edith Flagg, two days: members \$100, non-members \$125, Saturday, 10 a.m. to 3 p.m., Sunday, 10 a.m. to 2 p.m., January 23 & 24.

**Stained Glass**

Learn how to make beautiful stained glass panels and the techniques involved (All levels) with Ken Casola, two days: members \$135, non-members \$169, Thursday/Friday, 9 a.m. to 2 p.m., January 21 & 22.

**LANGUAGE****Spanish 1 and II**

Learn the basics of how to speak Spanish with Barbara Peterson, six weeks: members \$86, non-members \$108, Saturdays, 9 a.m. to 10:30 a.m., January 16 to February 20.

**Spanish III**

Learn more vocabulary and the various grammar tenses of Spanish and how to form sentences with Barbara Peterson, six weeks: members \$86, non-members \$108, Saturdays, 10:30 a.m. to 12 p.m., January 16 to February 20.

**MUSIC****Concert Band Rehearsals**

(All levels) with Mike Lamade, 21 weeks, Mondays, 6:30 p.m. to 8:30 p.m. through March 1.

**PAINTING****Magic of Still Life**

Learn how to select, arrange and paint beautiful still life like the Old Masters (All levels) with Mary Klunk, four weeks: members \$85, non-members \$106, Mondays, 1 to 3:30 p.m., January 4 to 25.

**Portrait Painting**

Learn to create an accurate representation of a portrait model (All levels) with Mary Klunk, four weeks: members \$85, non-members \$106, Mondays, 9:30 a.m. to 12 p.m., January 4 to 25.

**A Gentle Introduction to Watercolor Painting**

A great way for beginners to try watercolor painting and get a basic understanding of this art form (Beginners) with Mary Lou Peters, one day: members \$45, non-members \$56, Tuesday, 9 a.m. to 12 p.m., January 5.

**Painting Oil and/or Acrylics**

Learn to paint from start – monochromatic under-painting, design – to signature (All levels) with Linda Benson, four weeks: members \$110, non-members

\$138, Tuesdays, 9 to 11 a.m., January 5 to 26.

**Pouring Textures with Watercolors**

Get down and dirty and create various stages of paintings using this method of watercolor pouring (Beginners) with Bea Pappas, three weeks: members \$131, non-members \$164, Tuesdays, 9:30 a.m. to 4 p.m., January 5 to 19.

**Decorative Painting/Creative Arts**

Create new works of art by painting and decorating old pieces of furniture and accessories (All levels) with Lois Ferguson, four weeks: members \$100, non-members \$125, Wednesdays, 9 a.m. to 12 p.m., January 6 to 27.

**Palette Knife Painting**

Learn how painting with a palette knife produces quite different results than painting with a brush (Beginners and Intermediate) with Herbert Sklar, four weeks: members \$170, non-members \$213, Wednesdays, 1:30 to 3 p.m., January 6 to 27.

**Printing with Gelli Products**

Gelli is an easy, speedy way to print monotypes or collage papers (Beginners) with Bea Pappas, three weeks: members \$131, non-members \$164, Wednesdays, 9:30 a.m. to 4 p.m., January 6 to 20.

**Experimental Master Class**

Work on your own projects in this advanced workshop with the teacher on hand for any guidance (Advanced) with Bea Pappas, three weeks: members \$131, non-members \$164, Thursdays, 9:30 a.m. to 4 p.m., January 7 to 21.

**Watercolor: Realistic and Abstract**

Achieve a higher level of satisfaction in watercolor painting with various new techniques (Intermediate and Advanced) with Anne Kittel, four weeks: members \$84, non-members \$104, Thursdays, 1:30 to 4:30 p.m., January 7 to 28.

**Acrylics for Beginner and Intermediate Painters**

Discover the joy of creating paintings from start to finish with acrylic paint with Jane Hudson, four weeks: members \$80, non-members \$100, Fridays, 9:15 to 11:45 a.m., January 8 to 29.

**Watercolor for Beginners**

Learn the basics of watercolor and create paintings of your own choosing with Mary Lou Peters, four weeks: members \$140, non-members \$175, Mondays, 9 a.m. to 12 p.m., January 11 to February 1.

**Painting Watercolor**

Enjoy the freedom and spontaneity of fresh, brilliant watercolor as you “learn by doing” (Beginners and Intermediate) with Philip Hilton, six weeks: members \$105, non-members \$131, Fridays, 1 p.m. to 3:30 p.m., January 22 to February 26.

**PHOTOGRAPHY****Photography, Beginners**

Understand how your digital camera’s icons and settings are used in photography with Denny Souers, four weeks: members \$111, non-members \$139, Thursday, 9 a.m. to 12 p.m., January 7 to 28.

**My First Digital Camera**

Learn how your camera works, what a media card is, and how to take good photos with Herbert Sklar, two weeks: members \$75, non-members \$94, Mondays, 9 a.m. to 10:30 a.m., January 18 to 25.

**POTTERY****Clay, Sculpting, Ceramics &****Pottery on the Wheel**

If you’d like to try clay hand building, sculpture or making pots on the wheel, this is the class for you (All levels) with Marjorie Bronsted, six weeks: members \$98, non-members \$123, Wednesdays, 3:30 to 6 p.m., January 6 to February 10.

**Wheel Throwing/Hand Building**

Discover the almost unlimited ways to manipulate clay (All levels) with Joe Koch, six weeks: members \$98, non-members \$123, Tuesdays, 1 to 4 p.m., January 5 to February 9.

**Pottery on the Wheel**

Learn various techniques of the medium of clay and gain a new understanding of the art form (All levels) with Kelly Flaherty, six weeks: members \$95, non-members \$120, Tuesdays, 6:30 p.m. to 9 p.m., January 12 to February 16.

**TECHNOLOGY****Adobe Elements, Beginner**

Learn about Adobe Elements (Photoshop) as well as an overview of Windows Explorer file manager with Denny Souers, four weeks: members \$80, non-members \$100, Mondays, 1 p.m. to 4 p.m., January 4 to 25.

**What’s New in iOS 9**

Stay on the Cutting Edge with the “World’s Most Advanced Mobile Operating System” with Gerard Damiano, one day: members \$50, non-members \$63, Tuesday, 9 a.m. to 12 p.m., January 19.

**Mac Basics: OS10.11 El Capitan**

Get a basic understanding of the “World’s Most Advanced Operating System” and its latest features with Gerard Damiano, one day: members \$50, non-members \$63, Wednesday, 2 p.m. to 5 p.m., January 20.

**Searching with Google**

Search-engine tricks and techniques: discover a wealth of free services, courtesy of Google with Gerard Damiano, one day: members \$50, non-members \$63, Thursday, 9 a.m. to 12 p.m., January 21.

**iTunes: Master Your Music**

Rock your world with iTunes with Gerard Damiano, one day: members \$50, non-members \$63, Friday, 2 p.m. to 5 p.m., January 22.

**Social Media & Networking**

Connect and share with the people in your life, individually or all at once, with Gerard Damiano, one day: members \$50, non-members \$63, Friday, 9 a.m. to 12 p.m., January 22.

**WINTER ACADEMY****Religion Taken to Extremes: When Radical Fundamentalism Becomes Militant.**

Examine the current religious fervor in the three Abrahamic faiths: Judaism, Christianity and Islam with Dr. Ran Niehoff, three weeks: members \$80, non-members \$100, Wednesdays, 9:30 a.m. to 11:30 a.m., January 13 to 27.

**The Convergence of Science & Spirituality: Partners in Seeking the Source of Consciousness and the Presence of Purpose in the Universe**

Explore the growing movement and new understanding of important topics that are affecting spirituality with Dr. Ran Niehoff, three weeks: members \$80, non-members \$100, Fridays, 9:30 a.m. to 11:30 a.m., January 15 to 29.

**Economics in the Headlines**

continued on page 31

## Academy Award Contender’s Series

## Joy



by Stan Gembicki

**O**n Wednesday, January 6 at 12:30 p.m., the Island Cinema will show the first movie in this year’s BIG ARTS Academy Awards Contenders Film Series. After the movie, a discussion

will take place at the cinema.

Other movies in the series will be announced prior to the weekly showing.

*Joy*, which received a Golden Globe nomination for Best Picture, is the wild true story of Joy Mangano and her Italian-American family across four generations centered on the girl who becomes the woman who founds a business dynasty by inventing the Miracle Mop and becomes a matriarch in her own right.

Betrayal, treachery, the loss of inno-

cence and the scars of love pave the road in this intense emotional and human comedy about becoming a true boss of family and enterprise facing a world of unforgiving commerce. Allies become adversaries and adversaries become allies, both inside and outside the family, as Joy’s inner life and fierce imagination carry her through the storm she faces.

Jennifer Lawrence stars, with Robert De Niro, Bradley Cooper, Edgar Ramirez, Isabella Rossellini, Diane Ladd and Virginia Madsen.

Like David O. Russell’s previous films, *Joy* defies genre to tell a story of family, loyalty and love.

Tickets are available at the Island Cinema.

The film is 2 hours and 4 minutes in length.\*





From page 16

## BIG ARTS Talking Points Program

written commentaries for Religion News Service and has been a frequent guest on numerous national and international radio and television programs.

**January 14, 6 to 7:30 p.m.**

Gerard Damiano

*iLearn: Personal Technology for New Users*

Technology is everywhere, and comes with the enticing promise to make our lives easier and to offer us amazing ways to experience our creativity and enhance communication with family and friends. But for many, those great benefits seem out of reach. Personal Technology for New Users teaches how to tap into these new world opportunities. This highly interactive session is presented by BIG Arts' visual artist and technology expert, Gerard Damiano. The presentation will include a visual overview of the rapid evolution of technology and the impact of the speed of change. Damiano holds a BFA from the Rhode Island School of Design, is a graduate of the Accademia di Belle Arte in Rome and The Web Design Program at New York's Queens College. iPhones will be used, but techniques and guidance are applicable to other cell phone products.

**January 26, 10 a.m. to noon**

Tom Dunham

*Creativity: Unlock Your Full Potential*

Everyone holds the powerful potential to live a more creative, energetic life. This session will inspire and unleash your untapped reservoir of creative energy in a fun, fast-paced, highly interactive seminar. Dunham teaches techniques and pathways to unlock the creative genius in all facets of life. Dunham holds a BA from Ohio Wesleyan and a PhD from Ohio State University. He credits a creative approach to life and work for much of his success as a long-time, high-level executive at GE who developed four U.S. patents.

**February 12, 10 a.m. to noon**

Aaron J. Cohen

*Innovation and the Future of Healthcare in the United States*

Health care accounts for 18 percent of gross national product in the United States, and we stand at an inflexion point in the nation in dealing with this profound and challenging social and economic issue. Key issues and innovations to be discussed will include:

- Recent developments in healthcare insurance and affordability
- Recent "game changer" medical breakthroughs
- Politics of health care
- Emerging health problems and their impact
- Insurance coverage and cost impact
- Cost control strategies

Moderated by Aaron J. Cohen, former CFO of New York's Bellevue Hospital, the panel includes Dr. Michael Wood, president emeritus and former CEO of Mayo Clinic Foundation in Rochester, Minnesota and current professor of orthopedic surgery at Mayo Clinic College of Medicine; Professor Richard Arnould, an economist at the University of Indiana and emeritus professor of economics in the College of Liberal Arts and Sciences and the College of Medicine at the University of Illinois; Dr. Harvey Sugerman, emeritus professor of surgery, Virginia Commonwealth University; Richmond, Virginia, and a bariatric surgeon in his 11th year as editor-in-chief of *Surgery for Obesity and Related Diseases*; Dr. Richard Rieselbach, professor emeritus of the Department of Medicine, University of Wisconsin School of Medicine & Public Health, a graduate of Harvard Medical School, former researcher with the National Institutes of Health, and the founding dean of the University of Wisconsin Milwaukee Clinical Campus.

Other planned Talking Points topics include iCreate: Art and Photography for iPhone and iPad; Water Quality in Southwest Florida; Rising Sea Level – Fact or Fiction; Computers that Can Think: Artificial Intelligence; and Art Talk: Bob Rauschenberg.

All sessions are at BIG ARTS, 900 Dunlop Road, Sanibel. Visit [www.BIGARTS.org/workshops](http://www.BIGARTS.org/workshops) for a printable mail registration form, or call 395-0900.\*

Read us online at [IslandSunNews.com](http://IslandSunNews.com)



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# San-Cap Audubon To Present Making A Difference For Birds

Once again, San-Cap Audubon’s 2016 lecture season kicks-off with Shawn Carey, wildlife photographer, educator, guide and cofounder of the video company, Migration Productions, presenting a program entitled Making A Difference For Birds. Join Carey on Thursday, January 7 at 7:30 p.m. at The Community House, 2173 Periwinkle Way on Sanibel as he shares his video presentation showcasing the extraordinary work of three individuals: Norman Smith’s Snowy Owl Project, Dr Stephen Kress’s Project Puffin and Tom Sayers’ Kestrel Box Program.

Norman Smith’s activities have not only helped to protect Snowy owls from further decline but increased safety for the flying public. In the case of the Atlantic Puffin, Dr. Kress actually brought back the species once gone from the waters off the coast of the United States. The decline of his local Kestrel population prompted Tom Sayers in 2008 to start a program of Kestrel box installation which has grown to incorpo-



Kestrel photos by Shawn Carey

rate a large part northeast Connecticut and continues to expand in coverage. Through hard work, endless hours and determination, these men have proven that one person can in fact make a real difference in helping to protect birds.

Originally from Erie, Pennsylvania, Shawn Carey moved to Cambridge, Massachusetts in 1986 and started watching birds in 1988. He has been photographing birds and other wildlife for about 20 years and has been teaching wildlife photography for Mass Audubon for more than 12 years. Carey is on the board of directors for Eastern Massachusetts Hawk Watch, where he serves as their vice president. He’s been on the advisory board for the Massachusetts Audubon Society and Massachusetts Audubon Visual Arts Center. Carey co-founded Migration Productions in 1996, and also provides most of digital photography used in their productions.

“I love the natural world. If it walks, crawls, flies, swims or slithers, I’ll photograph it” said Carey.

This is the first of eight Sanibel-Captiva Audubon lectures to be held in 2016 on Thursday evenings at 7:30 p.m. at The Community House, 2173 Periwinkle Way, Sanibel. As always, all are welcome to attend. Doors open at 6:30 p.m., and parking is available at The Community House as well as across Periwinkle Way in the Herb Strauss Theater’s parking area. A \$5 donation is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For additional information, call Bill Jacobson at 395-1878 or visit [www.san-capaudubon.org](http://www.san-capaudubon.org).



Snowy owl



Atlantic Puffin

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**Jan  
2016**

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**Admission is free. Call (239) 466-1131 or 1-800-780-1131 to reserve your place.**



**Jan 10 Season of Praise: Tim Zimmerman & The King's Brass** at 6:15pm. Add some excitement to the New Year with a performance of classic hymn arrangements with a contemporary flair. The King's Brass instruments blend together to create innovative worship enjoyed by all generations.

**Tickets are \$10, and can be purchased at [www.shellpoint.org/seasonofpraise](http://www.shellpoint.org/seasonofpraise), or call (239) 454-2147.**

**FREE** Jan 13 **Medical Breakthroughs & Discoveries Series: The State of Healthcare in Southwest Florida** at 10:15am. Join CEO Jim Nathan, who has grown Lee Memorial Health System into one of Florida's largest healthcare systems, as he discusses the direction that healthcare is taking in Southwest Florida. He underscores the importance of current and upcoming developments, including the Golisano Children's Hospital and The Shipley Center for Cardiothoracic Surgery. Light refreshments will follow. **Call (239) 433-7936 to reserve your place.**



**Jan 14 SWFL Symphony Series: Beethoven's Eroica** at 7:30pm. Shell Point is proud to partner with the Southwest Florida Symphony to offer this multimedia presentation, conducted by Maestro Leif Bjaland. The orchestra will chronicle Ludwig van Beethoven's creative journey as he composed his first great symphonic masterpiece, Symphony No. 3, Eroica. **Tickets are \$25, and can be purchased at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.**



**Jan 16 Concerts & Conversations: Ashu, Saxophonist** at 7pm. Shell Point welcomes saxophonist Ashu for this intimate chamber-style performance. Ashu has earned a reputation for his engaging stage presence, and has played internationally for many years. **Tickets are \$25. To purchase tickets and learn about other Concerts & Conversations Series programs, visit [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.**



**FREE** Jan 17-24 **Global Impact Week**

The Village Church offers this annual Global Outreach Conference Gospel event, themed "Access for All Peoples." Participants include Christian and Missionary Alliance's Assistant Vice President for International Ministries David Lauffer, John Sappia of Paraguay, and Charlotte Hisle of Portugal. **Admission is free. Call (239) 454-2147 for a list of events and to reserve your place.**



**SHELL POINT**  
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Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation

Visit [www.shellpoint.org/LES](http://www.shellpoint.org/LES) for full listings of this month's events!

**(239) 466-1131 • [www.shellpoint.org/events](http://www.shellpoint.org/events)**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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## What's Happening At The House In 2015-16

### SCA Events

#### Rims n Fins Car Show

Sat., Jan. 23 Noon  
See details on website

#### Cooking With The Island Stars

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#### LECTURE SERIES

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#### Birds of Brazil

Ron Clarke  
Sat., Jan. 2; 7 pm  
Donation

#### McCormick Spices

Francis Tutt, Principal Scientist  
Mon., Jan. 4; 7 pm  
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#### Economic Insights

Anne Krueger, First Managing Director  
of the International Monetary Fund  
Wed., Jan 6; 10 am  
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## CLASSES/PROGRAMS

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#### Sissi's Colorful Sips

Wed., Jan 6 & 20 pm

#### Yoga

Mon., Thurs 8:30 am  
\*other dates/times available see website

#### iPad/iPhone

Thursday, Jan 7  
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#### Energy Workshop

Wed., Jan 6 4-6 pm

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## San-Cap Power Squadron Winter Boating Classes

The Sanibel/Captiva Sail and Power Squadron has announced its schedule of boating classes to be taught this winter. The Sanibel/Captiva Squadron is the local affiliate of the United States Sail and Power Squadron, the nation's largest non profit boating organization dedicated to boating education, safety and fraternity. The classes to be taught include America's Boating Course, Seamanship, Weather, Electronic Navigation and Marine Communications. All classes will be taught on Sanibel and are open to the general public. Class fees and schedules vary by class.

- America's Boating Course will be taught in two sessions January 18 (6:30 to 9:30 p.m.) and January 30 (10:30 a.m. to 4:30 p.m.), both to be held at the Sanibel Public Library. The class teaches basic boat operation and safety with an emphasis on boating the unique local waters around Sanibel and Captiva. Completion of the two class sessions and passing a simple exam at the end of the second session qualifies students to receive the Florida Safe Boating ID card. This ID card satisfies State of Florida education requirements for operating boats in Florida waters. The class uses the America's Boating Course text published

by the U.S. Power Squadron, local navigation charts, presentations by Power Squadron instructors and classroom discussion to ensure that students can boat safely and confidently in local waters. Students must attend both class sessions and complete homework assigned between classes. The class is designed for new boaters as well as experienced boaters who want to improve their boating skills in local area waterways. To learn more about the class, students can contact Jay Brown, ABC Lead Instructor, by phone at 314-807-6860 or by email at [jaywbrown1@icloud.com](mailto:jaywbrown1@icloud.com). Preregistration for this class is required not later than January 13.

- Seamanship begins February 1 and includes eight weekly class sessions. For many boaters this class is the next step after America's Boating Course, although completion of ABC is not a prerequisite for the course. The Seamanship course content is similar to America's Boating Course but the topics are studied in much greater depth and there is considerable emphasis on proper boat operation in a wide variety of boating circumstances.

- Weather will be taught in weekly sessions over a four-week period beginning January 28. The class provides basic understanding of weather systems, their formation and forecasting. This is a general weather class that benefits both boaters and non-boaters with a focus on safety and comfort while out on the water.

- Electronic Navigation starts February 18 and continues weekly for five total

weekly sessions. The course introduces GPS navigation technology from basic receivers to chart plotters. The techniques of establishing waypoints and routes and then running planned courses are demonstrated. Electronic charting software for home desktop computers is discussed which allows route planning to be done at home and then downloaded to the boat's GPS. Special attention is given to navigation apps for tablets and smartphones thus allowing navigation using these devices at relatively little cost.

- Marine Communications begins March 23. This is an in depth review of communication systems available to the recreational boater. Radio history, along with definitions of radio circuits, are covered as are the Global Maritime Distress and Safety System, FCC rules and regulations, voice and digital messaging including DSC, High Seas Radio (MF/HF) and satellite communications.

For more information or to register for a course, students should go to [www.usps.org/findacourse](http://www.usps.org/findacourse). America's Boating Course is found under the locate tab "Boating Courses" and all other courses are found under the locate tab "Advanced Courses." Students should enter their zip code, then click on the locate button. Students may also call or email Steve Abbott, Squadron Education Officer, at 246-2392 or [srabbott@att.net](mailto:srabbott@att.net).

For more information about the Sanibel/Captiva Sail and Power Squadron, visit <http://usps.org/localusps/sancap>.

## Shell Found



Michael Gillmore



Corded olive shell

Island sheller and blogger, Michael G by the Sea, recently found a ginger-bread colored corded olive. He found it after the cold weather and winds had moved through early in the morning of December 19.

Collecting only the beautiful glossy olives that morning, he didn't realize he had found a corded olive until he was home cleaning them and noticed the raised "cord" going completely around the shell. He said the corded olive is an extremely difficult find.

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# Story Of Pigeon’s Extinction Kicks Off Film Series

The cautionary film *From Billions To None: The Passenger Pigeon’s Flight To Extinction* opens the 4th annual “Ding” Darling Wednesday Film Series on January 6 at 2:30 p.m. in the “Ding” Darling Visitor & Education Center auditorium.

The 57-minute film reveals how passenger pigeons once filled the skies by the billions, until they were driven to extinction – by humans – in a matter of decades. Naturalist and author Joel Greenberg follows the pigeon’s story, explores the possibility of bringing back the pigeon via DNA manipulation, and the extinction’s striking relevance to conservation issues today.

“Ding” Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is limited and on a first-come basis.

Below are the season’s scheduled films. All showing begin at 2:30 p.m. For full descriptions of the films, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

- January 20: *The Cove*
- February 3: *Vanishing of the Bees*
- February 17: *Sand Wars*
- March 2: *Plastic Paradise: The Great Pacific Garbage Patch*
- March 16: *Crash: The Tale of Two Species*
- March 30: *The End of the Line: Where Have All the Fish Gone?*
- April 14: *Bag It: Is Your Life Too Plastic?* ✨



The season opens with a look into the plight of the passenger pigeon

## Shell Found



Cassidy Marquis  
Cassidy Marquis, 14, visiting from Louisville, Colorado found a junonia on Bowman’s Beach while staying at the Island Inn. ✨

## Bird Walk At Bailey Tract

The first Sanibel-Captiva Audubon bird walk of the new season will be Saturday, January 2 at The Bailey Tract. Note new meeting place: Take Island Inn Road across from Bailey’s and meet at the back entrance to the Bailey Tract at 8 a.m. There is free parking in field. These bird walks are open to the public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for details. ✨

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# Crazy Good December Fishing



by Capt. Matt Mitchell

Christmas to New Year's was an outstanding time to be on a boat either fishing or just riding around enjoying the scenery with friends and family. Warm balmy conditions and light winds were the perfect time to be out enjoying what makes our waters a winter boating paradise. The increase in holiday boat traffic out on the sound this week was certainly noticeable.

During these periods of southerly wintertime winds like we had all week, fish just feed. Many old time fisherman have told me, "If you can't catch fish this time of year during a south wind you might as well hang it up." This proved true all

week. Even with far from good, slow moving tides the bite and action still went off. For sheer numbers of fish caught along with some real quality fish in the mix this week was outstanding.

The rebounding water temperatures had a lot to do with the fishing being so good too. There has been some of the best late December action I can remember in years. A big part of it is the water temperature still being so warm, right around the magic mid 70s, which is ideal for just about every species that swims in our waters.

The catch-and-release snook fishing was certainly the best bite going on but redfish, mangrove snapper, inshore gag grouper, giant jacks and some really large sea trout were all part of the action too.

Plentiful bait around the bridges and off the beaches continued to make filling your livewell a simple task.

Live shiner fishing when possible is always my method of choice and with so many shiners around for the last few weeks I have not even bothered taking the usual insurance bait of live shrimp along.

It's hard to tell how long this really



Chloe Sowers from St. Louis with a 28-inch redfish she caught and released while fishing with Capt. Matt Mitchell this week

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

mild warm winter weather will continue but until it cools, off get out and enjoy the great fishing it's treating us to.

I hope everyone had a great year fishing in 2015 and that 2016 will bring an even better bite. Thank you to all my awesome clients who help me to continue

doing my dream job of charter fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).

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## CROW Case Of The Week:

Faces Of  
CROW 2015

by Patricia Molloy

This year alone, CROW has treated more than 3,600 native and migratory wildlife patients suffering from minor cuts and abrasions to broken bones and severe head trauma. More than a thou-

sand animals were successfully treated and returned to their Lee County homes.

**Highlights:**

In February, a double-crested cormorant was "arrested" by the Sanibel Police and delivered to CROW in the back of a cruiser. "He was found sitting on a barstool at one of the local restaurants (where) he was exhibiting drunken behavior," said Dr. Heather Barron, hospital director, with a laugh. But she wasn't kidding.

"He has red tide poisoning, or brevetoxicosis, which causes ataxia and other neurologic signs which are very similar to a drunk person. It also causes a lack of inhibition and these double-crested cormorants will often approach people with no sign of fear," she explained.

The cormorant made a full recovery at the Sanibel clinic and was released on his own recognizance.

In March, a young male Virginia opossum was admitted after being hit by a car. Examinations and radiographs determined that he had suffered multiple injuries, including head and neck trauma and severe injury to his tail. The patient endured several surgeries by the specialized vets which proved to be life-saving. Sadly, he was not a candidate for re-release; his tail was so damaged that amputation was necessary. Wild opossums rely heavily on their prehensile tails for survival.

The staff and students became so attached to the opossum, that nicknamed him Sneezy. Dr. Heather obtained permission to keep him as a Wildlife Ambassador to help teach the public respect for wildlife and the environment. Sneezy joins two other CROW ambassadors: Lola, an American kestrel, and Talon, a red-tailed hawk.

On May 29, as the last hot spots were extinguished in a brush fire near the Southwest Florida International Airport in Fort Myers, desperate cries were heard emanating from the charred landscape. Following the sound of the pleas, crew members discovered a frightened bobcat kitten under a burned bush. The tiny female – no more than four weeks old – was dehydrated and exhausted. And she was completely alone, with no sign whatever of her mother or any litter mates.

Realizing that the kitten had suffered burns to each of her paws, Florida Wildlife Commission officers delivered her to CROW for treatment. The arrival of the young female bobcat came as a bit of a surprise, as an orphaned male bobcat had been admitted from Bonita Springs mere



Some 31 percent of patients were mammals. Here a shy gray fox eagerly eyes its breakfast

days before.

When the little male arrived, he was severely dehydrated and malnourished, too weak to even stand. With supportive care, he gained weight and was strong enough to walk on his own. He even became feisty and hissed and growled when it was time for his daily weigh-in, exactly what a bobcat should do.

With regard to the female kitten, she was happy to have a buddy to snuggle with during her recovery. And recover she did: all four paws healed completely.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife

continued on page 30



62 percent were avians, like this feisty lesser scaup that nipped at several staff members



Reptiles made up 7 percent of patients treated, like this yellow rat snake. Eleven amphibian patients, approximately one percent, also received medical treatment.



# Sanibel Marina






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Landscaping for Wildlife educator Dee Serage-Century, center, hosted a Wildflower and Pollinator Walk at SCCF's Native Plant Nursery at the Bailey Homestead Preserve photos by Jeff Lysiak

# SCCF Offers Wildflower And Pollinator Walks

by Jeff Lysiak

The first interactive program to be hosted at the Sanibel-Captiva Conservation Foundation's recently relocated Native Plant Nursery at the Bailey Homestead Preserve, a Wildflower and Pollinator Walk with environmental education specialist Dee Serage-Century, was unveiled last month.

On December 22, Serage-Century led an hour-long tour of SCCF's Native Landscapes & Garden Center, discussing the natural benefits of insect pollinators – including several varieties of bees – and the plants and scents they are most attracted to.

Gathering in the parking lot adjacent to the Native Plant Nursery's new pollinator garden, tour participants

learned about what plants might help attract bees, proper care and cultivation of those plants along with the varieties of bees – both native and introduced – here in Southwest Florida.

During her lecture, Serage-Century talked about several species of bees, including honeybees, bumblebees, carpenter bees, leafcutter bees, metallic green sweat bees and green orchid bees. She described ways to identify each variety, their social structure, nesting and nectar/pollen collecting habits as well as her personal observations here on Sanibel.

"The native carpenter bees make quite a buzz as they fly from flower to flower, providing pollination services while drinking nectar," she noted, explaining that only the females have stingers. "Carpenter bees are listed as necessary for passion vine to set fruit. Without pollination of the flowers, there is no fruit."

In addition, Serage-Century said that carpenter bees

are "buzz" pollinators: they collect pollen by vibrating their thoracic muscles to produce sound waves that shake the pollen loose. That vibration is close to a "C" tuning fork, which she demonstrated for the group.

"We know that there are bumblebees on the island," she added. "All of the honeybees on the island are Africanized, but not African bees."

Serage-Century lead the tour around the demonstration gardens, pausing from time to time to point out each plant species and what insects, butterflies or birds may be attracted to them. "The Native Plant Nursery is only a couple of months old right now, but hopefully the bees will find us," she said.

According to the University of Florida's Institute of Food & Agricultural Services (IFAS), a garden that attracts pollinators will include a mix of annuals, perennials, herbs, shrubs and trees. Honey bees prefer yellow, white, blue and purple flowers; they cannot see the color

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**Serage-Century, right, points out some plants which may help attract bees**

red. They prefer daisy-like flowers with broad petals that offer a large landing pad.

"Native bees, which don't produce honey but are important pollinators, prefer fruiting trees and native plants and shrubs," the IFAS website states. "Like butterflies, bees also like shallow mud puddles as their source of water and minerals."

Vegetation which may help attract bees includes:



**Serage-Century stands next to a scent station at the nursery**

- Flowering plants – Black-eyed Susan, cannas, coral honeysuckle, gaillardia, impatiens, marigolds, nasturiums, passion flower, pentas, purple coneflower, salvia, shrimp plant, sunflowers and trailing lantana
  - Herbs – Basil, mint and thyme
  - Shrubs – Saw palmetto and Walter's viburnum
  - Trees – Chaste tree and sea grape
- Serage-Century brought samples (encased in a small

plastic enclosure) of leafcutter bees and metallic green sweat bees along with a green orchid bee. She also talked about how some species are attracted to certain scents – including clove oil – which may be added within a landscape via a structure called a "scent station."

Following the tour, participants asked specific questions about plants in their own yards, later visiting the Bailey Homestead's "Honey House" which sells SCCF merchandise, an assortment of bird houses and owl boxes along with other goods. The shop features locally-harvested mangrove and seagrape honey along with elderberry jams and jellies.

Upcoming Wildflower and Pollinator Walks will be held on Tuesday, January 12 and Thursday, January 22, on both dates beginning at 11 a.m. The tour is free, however, advance registration is required. Call SCCF at 472-2329 to sign up.

SCCF's Native Landscapes & Garden Center – featuring demonstration gardens, native plants for sale and landscaping services – is open Monday through Friday from 8:30 a.m. to 5 p.m. at the Bailey Homestead Preserve, 1300 Periwinkle Way on Sanibel. Call 472-1932 or visit [www.sccf.org](http://www.sccf.org) for more information.✱



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General: \$37 | Loge: \$42  
Student/Child: \$5



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# Upcoming Programs At Sanibel Library

Sanibel Public Library will be hosting a variety of programs in January, no registration is required to attend.

First Fridays – Stories for Adults will be held at 10 a.m. on January 8. Like all First Fridays, the designated storyteller will wow the audience for the first half, then stories are delightfully drawn from participants by Dr. Sid Simon. In January the First Friday program falls on the second Friday due to the New Year’s holiday.

Mark Tesoro of Trauma Services at Lee Memorial Health System is speaking at the Library on Friday, January 8 at 2 p.m. He will explain why falls are preventable and teach people how to reduce their risk of injury. Falling is a leading cause of injury and death in Lee County. The numbers are staggering; one out of three seniors fall each year, 20 percent of those who fall are hospitalized, and half of those who are hospitalized pass away within a year. The good news is, falls are preventable. There will be a balance screening available at no charge, for a limited number of participants.

Toni King, Health and Wellness Strategies Specialist from SalusCare

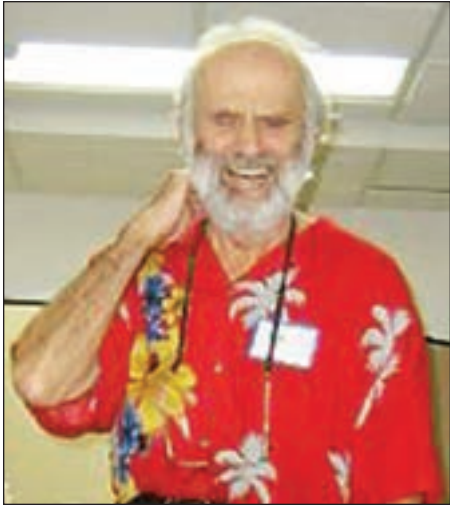


Learn to improve balance and prevent falls with Mark Tesoro on January 8

Florida, will present Intellectual Wellness: Exercise Your Brain at 2 p.m. on Monday, January 11. King will give you tips and tools to expand your knowledge, skills and recognize your creative abilities.

On Tuesday, January 12 at 2 p.m. Carol Rooksby Weidlich, president of the Lee County Genealogical Society, will review options for keeping your genealogy paper files and electronic records in order.

Judith C. Stern has created a memoir about her life and the teachings she has learned by immersing herself into American Indian philosophy. Stern will be doing readings from her book that is the first title in her Teachings



Stories For Grownups is hosted by Sid Simon

From Mother Earth series. Books will be available for the book signing. Meet author Judith Stern at the library at 2 p.m. on January 13.

A complete list of programs are listed on the library’s website, [www.sanlib.org](http://www.sanlib.org). Residents as well as non-residents are invited. There is no registration required and there is no additional cost to participate in these programs.

On New Year’s Eve, Thursday, December 31, the library will be open from 9 a.m. to 1 p.m. and will be closed on New Year’s Day, Friday, January 1.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).✧



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## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

### In The Caves Of Chauvet

by Chris Godwin

A poem by Chris Godwin to remind us on the eve of a new year, 2016, just how long ago man's creativity began:

Deep inside him  
story swells  
struggling so fiercely  
to find its way  
through the knots and loops  
of his waking brain.

In these indigo caves  
and flickering flames,  
his fingers blindly meet  
the cool clean  
Chauvet walls.

Something he needs to do –  
there is no name for it yet,  
no alphabet or words.

So he dips down into  
the smeared blood and mustard  
flower mash,  
places a tentative finger,  
curves a fine line;

remembers the wild buffalo  
and boar of yesterday's hunt;  
adds haunches, tail,  
splintery hooves,

and there it is:  
his memory,  
his first story,

himself.

Chris Godwin has happily traded 36 years of teaching college literature and writing for shelling and wordsmithing on Sanibel's delightful shores.✱

From page 6

## Atlantic Necklace Turrid

Saturday at 1:30 p.m., Sanibel Shells  
– Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m., Shell Bingo.  
The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✱

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

## Meditation Group Meetings

The Sanibel Meditation Meetup is offering group meditation and discussion gatherings on January 3, 10, 17, 24, and 31 at 4:30 p.m. on Tarpon Bay Beach. At the end of the beach boardwalk, look to your left for the green and blue umbrella to find the group. Bring your own chair, cushion, or towel. Bug spray is a good idea, too. All meditation sessions are free.

For more information, visit <http://www.meetup.com/Sanibel-Meditation-Meetup/> or email [sanibelmeditation@gmail.com](mailto:sanibelmeditation@gmail.com).✱

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Dr. Heather Barron exams the eye of a gopher tortoise that was hit by a car



When feeding, black skimmers use their lower bill to break through the water's surface



This raptor, a red-phase Eastern screech owl, had head trauma



Two bobcat kittens were admitted to CROW in May. This female was orphaned in a brush fire and sustained burns to her paws.

From page 25

## Faces Of CROW

hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org) ✨



This curious otter pup peeked out from under the towel that was covering its eyes



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Sea turtles (like this green sea turtle) must breach the water's surface to breathe



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 <p><b>Alpine Chamber Group</b> Sunday, January 17, 3:30 pm Phillips Gallery General: \$32 Student/Child: Free</p>	 <p><b>Attacca Quartet</b> Thursday, January 28, 7:30 pm Schein Hall General: \$42   Loge: \$47 Student/Child: Free</p>	 <p><b>The Mack Sisters</b> Sunday, January 31, 3:30 pm Schein Hall General: \$32 Student/Child: Free</p>
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See a full listing of this season's programs at  
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# BIG ARTS



# Free Refuge Programs Begin

From birding and biking the refuge, to learning about gators and crocs, the seasonal calendar of free programs and tours at the JN “Ding” Darling National Wildlife Refuge begins on Monday, January 4, and runs through April 3.

Daily programs begin at 8:30 a.m. and include such diverse topics as Nature Photography, Beach Walk, Birds of Prey in Southwest Florida, and Indigo Trail Walk.

“We have something for visitors of all ages,” said refuge education specialist Ranger Becky Larkins. “The free refuge programs and tours last anywhere from a half hour to two hours.”

For a full calendar of programs and tours and descriptions, visit [dingdarlingsociety.org/programs-tours](http://dingdarlingsociety.org/programs-tours) and [www.fws.gov/refuge/jn\\_ding\\_darling](http://www.fws.gov/refuge/jn_ding_darling). Free educational programs are made possible through support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarling-society.org](http://www.dingdarling-society.org) or contact Birgie Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).



Learn about Florida manatees at a free program every Sunday at 11 a.m. photo by Frank Brinker

From page 18

## Workshops

Better understand the nature and impact of current controversial macro-economic issues and policies with Dr. Larry Davidson, four weeks: members \$150, non-members \$185, Fridays, 1 p.m. to 4 p.m., January 15 to February 5.

### WRITING

#### Creative Writing: Fiction/Memoir

Write and share compact vignettes of memoir or fiction in a supportive, congenial atmosphere with Steve Oberbeck, four weeks: members \$54, non-members \$68, Mondays, 1 p.m. to 3 p.m., January 4 to 25.

#### Let's Write Poetry

Stimulate your creativity in multimedia ways to initiate ideas for writing poems with Lorraine Walker Williams, four weeks: members \$75, non-members \$94, Wednesdays, 9:30 to 11:30 a.m., January 6 to 27.

#### Free Demo - Writing Poetry: What Is Inside Shines Out

This free, one-hour class touches on how to find the poetry inside yourself with Myra Klahr, one day, Friday, 2 to 3 p.m., January 8.

#### Poetry Writing: What Is Inside Shines Out

Tap into the personal nature of communication using this medium and turn your ideas into poems with Myra Klahr, four weeks: members \$68, non-members: \$85, Mondays, 2 p.m. to 4 p.m., January 11 to February 1.

#### The Joy of Writing

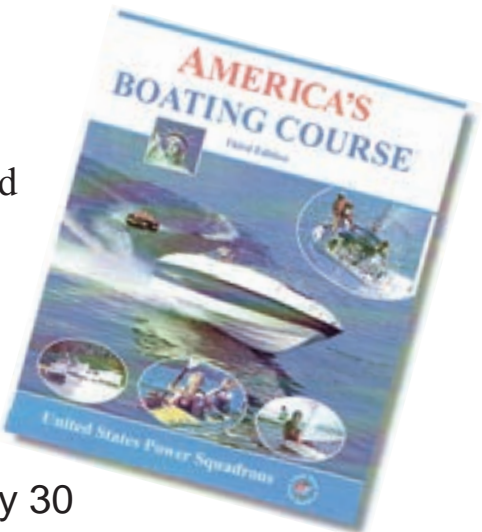
For those who want to either re-ignite or develop creative writing skills or begin a writing project with Vicky Lettmann, five weeks: members \$95, non-members: \$115, Mondays, 9:30 a.m. to 11:30 a.m., January 18 to February 15.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road, to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit [www.bigarts.org](http://www.bigarts.org)/workshops, or email [info@bigarts.org](mailto:info@bigarts.org) to request the Workshops & Seminars Guide.\*

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## 2015: The Year In Review



**Gerry Guyette, left, and Lance Luna of the Sanibel Department of Public Works install the first 20 mph speed limit sign in The Dunes subdivision adjacent to an open lot on Albatross Road. The crew installed eight signs in the neighborhood on January 9.**

photos by Jeff Lysiak

compiled by Jeff Lysiak

At the first city council meeting of the year, about two dozen Sanibel residents – most of them homeowners within The Dunes subdivision – attended a public hearing at MacKenzie Hall detailing the results of a traffic study of their neighborhood. Following the presentation, members of the city council voted unanimously to reduce the speed limit within the subdivision to 20 mph.

Keith Williams, director of the city's Department of Public Works, and Ryan Bell, representing Johnson Engineering, delivered the roadway and traffic analysis report. According to Williams, members of Johnson Engineering conducted a study of traffic within The Dunes during the peak of the spring season – March 11 to 14 and March 18 to 26.

Bell gave a brief summary of the study, which included recommendations to reduce the speed limit within The Dunes from 30 mph to 20 mph along with the installation of temporary speed humps which can be removed during non-peak season.



**During the 25th annual Sanibel Independence Day Parade, Ozzie the Bald Eagle was featured aboard the CROW float**

The study revealed that approximately 38 percent of the subdivision's residents (142 out of a possible 377 properties) expressed their opinions on a survey distributed during a public involvement meeting held on April 29 at The Dunes Golf & Tennis Club.

Mayor Kevin Ruane requested that once the speed limit reduction is put in place, gathering feedback from members of the public to gauge the success of the restrictions would be critical in evaluating if additional traffic-calming measures – such as the temporary speed humps – were needed. Williams offered that a study similar to last year's might be conducted this coming March, which could be evaluated by staff and presented to the council before the end of season.

### COTI Celebrates 40th Anniversary

More than 300 residents gathered at The Community House on January 14 to mark the 40th anniversary of the Committee Of The Islands, celebrating its continued commitment to "keeping Sanibel Sanibel" and honoring one of the founding members of the organization.

"COTI has a unique role on Sanibel as a group of residents, property owners and seasonal visitors and nature's inhabitants to advocate for and promote the Sanibel Vision and Sanibel Plan," said Jim Beauchamp, COTI president. "We are working hard to ensure the next 40 years are as special as the last 40 years that we pass our gift on to future generations."

According to Beauchamp, the all-volunteer organization boasts a special ability – as a civic advocate – to "ensure effective government, protect the nature's inhabitants, maintain the small town harmonious community and home values."

### San-Cap Heart Walk Raises Over \$18,000

On February 15, more than 75 people turned up in support of the 2nd annual Sanibel-Captiva Heart Walk, a non-competitive 5K (3.1-mile) stroll down Island

Inn Road, held to raise awareness for heart health and funds for the American Heart Association's life saving research, education and advocacy.

According to local organizers who have been personally affected by heart and stroke issues, the event raised more than \$18,000, exceeding its initial goal of \$15,000.

"We were delighted that so many people were committed enough to join us at the walk, despite the monumental traffic they encountered," event organizer Sandy Teger said. "We are grateful to our generous sponsors and to the wonderful support from the city, fire department/EMS and the rec center."

Prior to the start of the walk, heart attack survivor Art Cassell welcomed the crowd, introduced several speakers – including pediatric cardiologist Dr. Eric Eason, event sponsor Al Hanser of The Sanibel Captiva Trust Company and fellow survivor Carole Fallon – before Maggie Goldsmith of Friends In Service Here (FISH) conducted a short warmup exercise session.

"If you love your heart, it will love you back," Fallon told the crowd.

### Jennings, Goss Win Council Seats

Incumbent Jim Jennings and newcomer Chauncey Goss filled the four-year seats on the Sanibel City Council up for election on March 3.

According to the Lee County Supervisor of Elections office, Goss garnered 1,280 votes (47.42 percent) while Jennings earned 895 votes (33.16 percent). Newcomer Frances "Francie" Slane received 524 votes (19.41 percent), according to the unofficial results.

The lone incumbent seeking re-election, Jennings serves as the council liaison of the Contractors Review Board, the Vegetation Committee and the Employee Dependent Scholarship Committee. He is also the voting delegate of the National League of Cities. He was first elected to



**On July 18, the Captiva Island Fire Control District welcomed citizens to an open house for its new 6,110-square-foot facility, which includes three bays for fire trucks and emergency vehicles, an administration building with living quarters, offices, reception area, treatment rooms, a training room and break rooms**

council in 2003.

"I'm looking forward to having some more serious discussions about issues like water quality," said Jennings, who hosted an election watch party at The Dunes Golf & Tennis Club's pavilion. "I'm also hoping that we can tackle some of our residents' concerns about traffic. We're going to look at what other communities are doing and see if they'll work here on Sanibel."

Goss, the managing partner and founder of Goss Practical Solutions, has a master's degree in public policy from Georgetown University and a BA from Rollins College. He previously worked for the President's Office of Management and Budget. In 2012, he ran for the United States House of Representatives but was subsequently defeated.

"I look forward to working with a great council," said Goss, who was greeted warmly and congratulated by his fellow councilmen Jennings, Marty Harritty and Mayor Kevin Ruane moments after the election results were announced. "Kevin and everybody else on the council has paved a nice road for the city."

Vice Mayor Doug Congress did not seek re-election to the council. His term of office ended on March 9.

### Permits Approved For Doc Ford's Move

Following a lengthy discussion and hours of public comment on the matter, the Sanibel Planning Commission granted both a conditional use permit and development permit that will allow Doc Ford's Rum Bar & Grille to move to a new location near the

continued on page 2B



From page 1B

## Year In Review

Tarpon Bay Road/Periwinkle Way intersection.

With MacKenzie Hall filled to capacity (103 seats and standing room for an additional 46 people), the overflow crowd stood outside city hall, filling both the legislative meeting room and legal department conference room – where the audio portion of the meeting could be heard – listening to details of the proposed restaurant.

In the application, Doc Ford's ownership group – Tarpon Bay Road, LLC – requested approval to establish a 9,185-square-foot dine-in and carry-out restaurant containing 214 seats and 122 off-street parking spaces on a 2.4-acre parcel located at 2500 Island Inn Road. The site will also include an ancillary 700-square-foot bar and lounge.

Jim Jordan, the city's planning director, presented the staff report which evaluated the restaurant application. Attorney Steve Hartsell provided testimony on behalf of the Doc Ford's ownership group, while property owner and restaurant co-owner Marty Harry appeared before the commission but did not speak.

Jordan went on to explain that the applicant agreed to grant the city a 10-foot easement for the future installation of a shared use path along the eastern portion of the property which has frontage along Tarpon Bay Road. The restaurant will be accessed by vehicular traffic off of Island Inn Road.

For the next several hours, dozens of audience members were offered the opportunity to speak on the issue, with a three-minute time limit being enforced. An informal tally at the end of the period counted 29 members of the public speaking against the application, and 10 speaking in favor.

"As much of a fan as I am of Doc Ford's, I'm not a fan of in-season traffic," said resident Ron Dudley, while Tommy Williams discounted the validity of the

traffic study for it not taking into account seasonality peak periods of traffic. Also, Rick Perry suggested that the city consider ways to protect Island Inn Road.

However, a number of islanders spoke up in support of the application. "Marty Harry and Doc Ford's are good neighbors," said Jeff Powell. "Consider what they've done for the community." Karen Storjohann added, "We should be listening here to the facts, and dealing with nothing but the facts."

Several commission members spoke in appreciation of hearing the differing opinions coming from the audience, but defended the city's process for permit applications.

Following some additional questions by members of the commission for the applicant and planning department staff, Chuck Kettman made a motion to approve the applications subject to the 21 conditions proposed in the staff report and the commission itself. Commissioner Jason Maughan seconded the motion, which was unanimously approved, 7 to 0.

### Local Business Reps Attend Rally, Urge State Leaders To Buy Land

In one of the most visible and vocal demonstrations urging state and local leaders to support the purchase of 46,800 acres of land from the U.S. Sugar Corporation for the construction of the EAA Reservoir, more than two dozen speakers – representing businesses on Sanibel, Captiva and beyond – attended a clean water rally on May 6 at Jensen's Twin Palm Cottages & Marina.

Realtors, restaurant owners, fishing guides, artists and musicians attended the hour-long rally, joining members of the Sanibel-Captiva Conservation Foundation (SCCF) in sharing their voices to support the \$500 million proposed land purchase.

According to SCCF, there is broad public support for exercising the 48,600-acre purchase option in the U.S. Sugar Corporation contract, however, water managers must take action soon for the

process to begin. As polluted water is dumped to the coasts, the Everglades multibillion dollar restoration project is "starving for water."

The solution, according to the scientific community, is to pursue this available land to store and clean the water.

A similar water rally was held simultaneously on Florida's east coast, hosted at Flagler Park in Stuart. That rally was attended by area officials, Everglades Coalition, Rivers Coalition and River Warriors.

On Captiva, speakers included Bud Nocera, president of the Greater Fort Myers Beach Area Chamber of Commerce, island realtors Shane Spring, Eric Pfeifer and Denise Beggs, fishermen and marina owners Paul McCarthy, Dave Jensen and Dall Burnsed (wife of angler Jimmy Burnsed), restaurant owners Sandy Stilwell and Marty Harry as well as artists and musicians Austin Church, Xavier Cortada, Edward Morris and Buster Simpson.

### Sanibel Receives \$460,395 BP Settlement

On July 14, the Sanibel City Council concluded a special meeting during which a resolution was passed to accept a \$460,395 "full and final" settlement from BP following the Deepwater Horizon Disaster, which occurred in April of 2010.

According to Sanibel Mayor Kevin Ruane, he will sign paperwork giving gas and oil company giant BP full release from the lawsuit with the city in exchange for the settlement amount.

"The city will receive the settlement check in 60 to 90 days," said Ruane, who explained that he was limited with the amount of information he was permitted to share. "There will be no restrictions on how the city is allowed to spend the money."

In attendance at the closed-door meeting – which lasted approximately 25 minutes – was Ruane and fellow city council members Mick Denham and Jim Jennings, City Manager Judie Zimomra,

City Attorney Ken Cuyler, attorney Geraldo F. Olivo, III of the Wilbur Smith Law Firm, special counsel to the city, along with a Fort Myers court reporting representative.

Ruane also noted that the process Sanibel went through in its legal action against BP was identical to other municipalities filing suit.

### Skull Found Near Wulfert Road May Be Calusa Remains

In late July, the Lee County Sheriff's Office closed the books regarding an investigation into a human skull found on Sanibel Island. According to the Florida Department of State, who took possession of the artifact, the discovery likely comes from a Native American burial ground.

The skull, found by biologist David Mason on July 23, may be the remains of a Calusa Indian, the earliest inhabitants of Southwest Florida. Mason was in an area near Wulfert Road, removing gopher tortoises from a 76-acre property owned by the Sanibel Bayous Development Corporation. A residential development has been planned for the site.

During the latter portion of the July 28 planning commission meeting, the subject was brought up by commissioner John Talmage. Director of Planning Jim Jordan explained that when Mason was digging at the site, he initially thought he had dug up a coconut.

According to sources, since the state determined the discovery was connected to Native American burial grounds, which are protected by law, development at the site could be halted.

continued on page 4B



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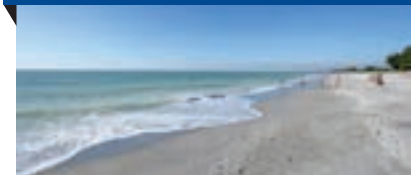
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From page 2B

## Year In Review

### Ruane Withdraws Commission Bid

On September 1, Sanibel Mayor Kevin Ruane announced that he was withdrawing his candidacy for the Lee Board of County Commissioners, citing a serious health issue with a family member as the reason for suspending his campaign.

“Due to a recent serious health issue with a family member, I am unable to meet the obligations of the campaign at this time,” wrote Ruane in a letter to his supporters. “I did not come to this decision lightly, but as many of you know my family is always my primary responsibility and will continue to be.”

Ruane, who announced his candidacy for the Lee Board of County Commissioners seat in District 1 on June 4, planned on continuing his position as mayor of the City of Sanibel. He also confirmed that he will be returning all of the campaign contributions – approximately \$114,000 – donated towards his commission bid.

“My campaign for Lee County Commissioner has been an extraordinary experience,” Ruane added. “We are so lucky to be able to live in such a wonderful community and the campaign has

certainly confirmed that.”

In the District 1 election, Ruane was set to face 16-year incumbent John Manning of Cape Coral.

### Beach Parking, Rec Center Fee Increases Approved

During the September 22 city council meeting, three ordinances which proposed increases in parking fees and penalties at the city’s beach parking lots as well as increasing membership fees and facility rental fees at the Sanibel Recreation Center were unanimously approved.

The ordinance, which proposed increasing beach parking fees – from the current \$3 per hour up to \$4 per hour – along with amending the city’s civil penalty fee – from the current \$50 up to \$75 in the event the ticket is not paid within 14 days – was approved, 4 to 0, with Vice Mayor Mick Denham excused.

Mayor Kevin Ruane explained that he received no objections to the city’s proposed beach parking fee increase from either residents of Sanibel or Lee County, contrary to reports posted on several local TV news outlets.

“Unlike any other municipality in Lee County, over the last eight years, our taxes have either been lowered or stayed the same,” said Ruane. “Do we have the Sanibel taxpayers pay for it, or do we

raise the beach parking fee by \$1?”

Also adopted was a rec center membership fee hike of 10 percent at the recreation center for individuals – which will jump from \$157.50 annually to \$173 for island residents – and for families, which will increase from \$210 to \$231. Member-guest rates will jump 20 percent, from \$7.75 daily for individuals to \$9.30, and from \$10 daily for families to \$12.

Rates for on-island employees will also increase 10 percent; city employees/retirees and corporate memberships will jump 10 percent.

Activity fees at the rec center will increase from zero up to 20 percent, depending upon the activity. Summer Camp, after school care for grades 1 to 6, Fun Days, youth basketball and group swim lessons will each increase 20 percent; martial arts/tai chi and youth archery will jump 10 percent; private swim and tennis lessons will jump five percent. No increases were proposed for lifeguarding courses, babysitter and first aid/CPR/AED training and cheerleading.

The approved ordinance also increases rental fees for Sanibel-based non-profits 20 percent.

### Visitor & Education Center At ‘Ding’ Refurbished



From left, Tord and Tirin Skansen and Fredrik and Petter Owren from Norway chat with Supervisory Refuge Ranger Toni Westland inside the newly-refurbished Visitor & Education Center at the JN “Ding” Darling National Wildlife Refuge

The newly-refurbished Visitor & Education Center at the JN “Ding” Darling National Wildlife Refuge on Sanibel debuted in early October, featuring new amenities, state-of-the-art technology and features that will engage visitors through interactive displays.

According to Supervisory Refuge Ranger Toni Westland, the year-long project – started last summer – was financed with money raised during the Woodring Homestead fundraising campaign.

“We wanted to add something dramatic so when people walk in here, they’re going to say ‘Wow!’” said Westland, noting the newly-installed giant panoramic photograph of birds frolicking in refuge waters at low tide, taken by renown wildlife photographers Dick Fortune and Sara Lopez. “We want them to be captivated and inspired by nature when they come here and devoted to it after they leave.”

Stepping inside the Visitor & Education Center, guests are greeted by refuge staffers and volunteers at a brand new information desk, created with the assistance of ranger Jeff Combs. The desk, built using recycled materials, features sea shells embedded within the granite countertop.

Highlights of the refurbishment project include:

- Three information panels, featuring

wildlife photographs and messages about conservation, which can be rotated or changed periodically

- A new 65-inch LED flatscreen TV monitor promoting season programs hosted at the refuge

- Three computer touchscreen stations – featuring eBird, eConnect and eDonate – which visitors may use to access information about refuge wildlife (including birds, reptiles, fish and other animals) and make donations to the “Ding” Darling Wildlife Society

- A flatscreen TV broadcasting a live feed from a camera mounted at the observation tower along Wildlife Drive. The high-definition camera – featuring zoom and pan capabilities – is powered through solar panels installed at the top of the tower.

- A new Read & Request brochure rack

Birgie Miller, executive director of the “Ding” Darling Wildlife Society, explained that she is very happy with the now-completed renovations.

“It’s always nice to see a design become a reality,” said Miller, who noted that refuge attendance grew from 806,000 in 2013-14 to more than 880,000 in 2014-15. “Especially the reaction of the volunteers and the public... everybody really likes it.”

### East Periwinkle Erosion Closes Roadway



A pair of Department of Public Works employees add a breakwater barrier to the bottom of a fence along the edge of the roadway located on the east end of Sanibel

A combination of heavy surf, high tides and a full moon cycle in late October forced the closure of a small section of East Periwinkle Way due to significant erosion along the edge of the roadway.

“Due to the recent erosion on the eastern end of East Periwinkle Way, the portion located on the eastern end of Lighthouse Park is currently closed to motor vehicles until repairs can be made,” a city press release issued on October 27 stated. “At this time, the roadway to the Sanibel Fishing Pier and Lighthouse Beach gulf-side parking lot remain open to the public.”

City of Sanibel employees from the Department of Public Works began repairing the fence that follows the curve of the roadway bordering San Carlos Bay, adding a breakwater along the lower portion of the structure. Those repairs were completed before the weekend.

continued on page 6B

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Lighthouse Point #129—\$699K



**Long Water View, Near Beach**  
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Mariner Pointe #811—\$499K



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**Near-Beach Canal-Front Custom Remodel—Like New**  
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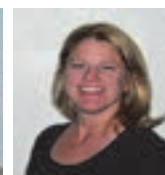
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**Happy New Year**  
from  
**The SanibelSusan Team!**



From page 4B

## Year In Review

"As of October 29, the repairs are nearing completion, but the road surface needs to dry further," Public Works Director Keith Williams wrote in an email last Thursday afternoon. "Immediate repairs include replacement of shell road surface and reinforcement of the wooden edge fence."

According to Williams, costs for the repairs are minimal since the city was using in-house labor and materials already on hand.

The closure of East Periwinkle Way in late October was the third time the roadway had been shut down to vehicular traffic in 2015, all associated with full moon high tides. Prior to that, the road had not washed out since 2012, when Tropical Storm Isaac came close to the island.

### Shell Museum Holds 20th Anniversary Party

The Bailey Matthews National Shell Museum held a party for sponsors, supporters and special guests on the exact date – November 18 – the world-class facility opened 20 years earlier.

The two-hour celebration featured displays including construction photos of the building, images of founding members and early supporters of the museum, as well as stories shared by shell expert and author S. Peter Dance, who traveled from the United Kingdom in order to take part in the festivities.

"This museum is as much about the people as it is about shells," said Curator

and Science Director Dr. Jose H. Leal in thanking the early supporters of the museum. In noting the facilities' accomplishments during its 20-year history, he also recognized a group of six women – including Dottie DeVasure, Barbara Hansen, Joyce Matthys, Anna Marie Nyquist, Peggy Porter-Hole and Ethel Sinow – who have been a part of the museum since the day it opened.

Opening remarks were also made by Executive Director Dorrie Hipschman and architect Amy Nowacki, who designed the museum's refurbished entryway, which was completed in late 2013.

Dance spoke extensively about malacologist R. Tucker Abbott, the founding director of the museum who passed away two weeks before the building's grand opening on November 18, 1995.

### Oyster Restoration Effort Nearing Completion

In late November at the City of Sanibel's Boat Ramp, a half dozen volunteers and Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab employees staged the ninth oyster bagging and deployment effort, filling 360 large buckets with recycled shells as part of a project which aims to help re-establish oyster populations and seagrass beds in the Caloosahatchee Estuary.

According to SCCF Marine Lab research assistant Sarah Bridenbaugh, SCCF is deploying shells at three individual locations: in Tarpon Bay, San Carlos Bay and Matlacha Pass.

"We're almost done with the first location in Tarpon Bay, which is about



More than two dozen speakers, representing businesses on Sanibel, Captiva and beyond, attended a clean water rally last Wednesday morning at Jensen's Marina, urging state legislators to purchase land for the EAA Reservoir

a quarter of an acre," said Bridenbaugh, who explained that approximately 120,000 pounds of shell material is required at the site. "The next one we're going to do is in San Carlos Bay, and it's about the same size."

Last year, SCCF's Marine Laboratory was awarded a \$500,000 grant from the Florida Department of Environmental Protection (DEP) for the project. The benefits of helping restore eastern oyster populations are the formation of intertidal reefs in the local estuary, providing a habitat for fish and invertebrates, stabilizing shorelines and preventing erosion.

According to Dr. Eric Milbrandt, director of SCCF's Marine Lab, harmful freshwater discharges have resulted in losses of oysters and seagrasses in the Caloosahatchee Estuary. The grant is being used to re-establish critical estuarine habitats of shellfish and submerged aquatic vegetation beds.

"There are a number of open water reefs we're targeting, with virtually no animals left on them," Milbrandt explained.

"What this will do is allow the oyster larvae to attach to it and grow along the reef. Once you get a few of them to attach that way, they begin to attach to each other."

In addition to the sites in Tarpon Bay and San Carlos Bay, Bridenbaugh noted that professional contractors hauled some 700 tons of shell material into a section of Matlacha Pass near the mouth of the Caloosahatchee in early December.

Four Sanibel restaurants – including Timbers, Lazy Flamingo, Sanibel Fish House and Doc Ford's – have joined forces to collect oyster shells for the SCCF Marine Lab project. A commercial operation out of Charlotte County provided the bulk of fossil shells furnished for the project.

The SCCF Marine Lab's ongoing efforts – which began in April – will require a total of 20 to 25 oyster bagging and deployment events to complete the project, which Bridenbaugh hoped would be completed before the end of the year.\*

## Have a Safe and Happy New Year!

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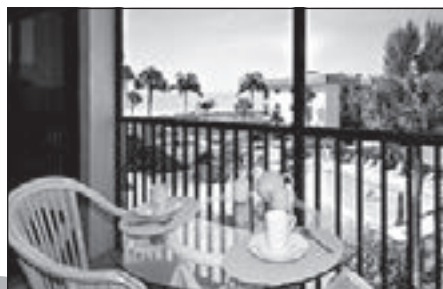
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## Monday Night Movie

*Jimmy's Hall*

by Di Saggau

**T**he BIG ARTS Monday Night Movie for January 4, is *Jimmy's Hall*, a film from Ireland about Jimmy

Gralton, a middle-aged prodigal son returning to his homeland after years abroad. Jimmy was the only Irish citizen ever to be deported from his country. The "masters and the pastors" deemed him dangerous because of his communist affiliations and the fact that he owned a community center and dance hall. The hall was one of the undertakings that made Jimmy a target of the authorities, forcing him to flee the country without the woman he loved

Jimmy is played with quiet charisma by Barry Ward. He is back at home with his mother in Ireland's County Leitrim after a 10-year exile working in New York and taking in some of the culture there. It's this culture that he relays to the community when he's inspired to reopen a meeting hall he helped create 10 years earlier.

The time is 1932 and Ireland is in the grips of the Great Depression. The villagers persuade Gralton to reopen the hall. It's a hangout and citizens courthouse, offering classes in boxing and poetry. In



an enjoyable scene, Jimmy christens the reopened venue by cranking up his gramophone and teaching everyone a dance he learned in Harlem. The girlfriend he left behind, Oonagh, played by Simone Kirby, adds a tender element to the story. The teenage daughter of one of Jimmy's oldest enemies begs him to open the hall. His enemy, an army commander, is played by Brian F. O'Byrne.

An adversarial relationship exists with Father Sheridan (Jim Norton), who

continued on page 8B

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**Beaches & Shells**

**Deadline January 11**

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**Include name, phone and a short description of the photo.**

**Visit In The Garden or the In The Garden Facebook page to vote.**

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## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**The Center 4 Life will be closed New Year's Day, Friday, January 1.**

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, January 13 at 2:30 p.m. is *All The Light We Cannot See* by Anthony Doerr. "A World War II novel about children, and the kind of undertaking that requires a lot of work to rise above emotional manipulation. For the first hundred or so pages, the book seems to rely on ready signifiers of heartbreak and grandeur: a motherless blind girl, a white-haired orphan boy, a cursed diamond, lots and lots of bombs. But once he hits his stride, Doerr takes these loud parts and builds a beautiful, expansive tale, woven with thoughtful reflections on the meaning of life, the universe and everything." – *LA Times*

**St. Petersburg Mural Tour & The Dali Museum** – Tuesday, January 12. Cost is \$72 for members and \$77 for non-members. The trip includes round trip transportation, admission to Walking Mural Tour & The Dali Museum. Travel to St. Petersburg, Florida's leading art destination throughout the country. Embrace

the blossoming street art movement. Feast your eyes at the Acropolis Restaurant and then head down to the Dali Museum for the Dali & Disney Exhibit. Call the Center 4 Life for more information, 472-5743. Registration deadline is Monday, January 4.

**AARP Driver Safety Course** – Thursdays, January 21 and 28 from 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and other tips to help you maintain confidence in your driving. Participants will be eligible for a discount on their auto insurance. Classes will be held at the Center 4 Life, 2401 Library Way. Register by contacting Ed VanderHey at 292-4012. You do need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

### Games

**Bridge** – Monday and Wednesday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Hand & Foot** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members.

**Tuesday Kayaking** – January 5 and 7 (weather permitting) at 8:30 a.m. There is space for 16 people on eight

two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

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From page 7B

## Jimmy's Hall

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# Snowy Winter Winds Have At Last Reached Boston And Minnesota



by Ed Frank

The bitter, snowy winds of winter have at last reached Boston and Minnesota, but as the New Year dawns, it's time to think Spring – Spring Training in particular – with Red Sox and Twins players reporting back here in just a few weeks.

Tickets to the 15-game Red Sox home schedule at Jetblue Park at Fenway South already are on sale. And single-game tickets for the Twins 15-game schedule at the CenturyLink Sports Complex begin January 9.

Every major league team approaches Spring Training with optimism and hope. For the Red Sox, the goal has to be a reversal of three last-place finishes in the past four years.

As for the Twins, they want to build on the positive vibes of last season's 83-79 record after four straight previous seasons with 92 or more losses. The Twins were baseball's big surprise in 2015, playing for a post-season spot until the last weekend of the regular season.

Red Sox pitchers and catchers report here February 18 and position players five days later. Twins pitchers and catchers report to camp February 21, and the remainder of the team February 26.

The Red Sox Nation rightly expects big changes for the new season with the hiring of veteran baseball executive Dave Dombrowski as president of baseball operations. The move resulted in the departure of general manager Ben Cherington.

It didn't take long for Dombrowski. He sent four prospects to San Diego for All-Star closer Craig Kimbrel. Three weeks later, he signed free-agent pitcher David Price to a seven-year, \$217 million deal – the highest paid a pitcher in baseball history.

And there was more – the signing of free agent outfielder Chris Young and the trade of lefty Wade Miley, who logged 193 innings last season, to Seattle for reliever Carson Smith and versatile Roenis Elias.

As for the Twins, first-year manager Paul Molitor has to receive major credit for the team's turnaround.

The team's strong farm system produced promising rookies Miquel Sano, Eddie Rosario, Bryon Buxton, Tyler Duffey and Max Kepler.

Improved starting pitching was another factor in the team's success. Their starters

continued on page 12B

## SPORTS QUIZ

1. The first major-league regular-season game played outside the U.S., in 1969, featured the Montreal Expos and which team?
2. Who was the last New York Yankee before Stephen Drew in 2015 to have a pinch-hit grand slam home run?
3. In 2014, Dallas running back DeMarco Murray set an NFL record for consecutive 100-yard rushing games to start a season (eight). Who had held the mark?
4. Who was the first Big 12 men's basketball team other than Kansas to win the conference tournament?
5. Twice the Detroit Red Wings have won the Stanley Cup with a Game Seven OT goal, in 1950 and 1954. Name either of the goal scorers.
6. In 2015, Jimmie Johnson became the fifth NASCAR driver to win 10 Cup races at a single track. Name three of the other four.
7. What was the most recent of the 17 Grand Slam singles title won by Roger Federer?

## ANSWERS

1. St. Louis -- the Expos won, 8-7. 2. Jorge Posada, in 2001. 3. Jim Brown, with six in 1958. 4. Iowa State, in 2000. 5. Pete Babando (1950) and Tony Leswick (1954). 6. Dale Earnhardt, David Pearson, Richard Petty and Darrell Waltrip. 7. Wimbledon, in 2012.

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From page 10B

# Snowy Winter Winds

had a respectable 4.14 ERA that ranked 16th in the majors. Minnesota General Manager Terry Ryan has been relatively quiet during the present off-season although he did sign Korean slugger Byung Ho Park as the team's designated hitter and traded centerfielder Aaron Hicks to the New York Yankees for catcher John Ryan Murphy.

With a solid lineup and a farm system stocked with talent, the Twins should contend again in 2016 in the tough American League Central Division.

But as Ryan said a year ago, he will not be satisfied until the Twins become contenders in the playoffs.

The following are the Spring Training schedules for the Twins and Red Sox:

- Minnesota Twins**  
March 3 – Red Sox, 7:05 p.m.  
March 5 – Baltimore, 1:05 p.m.  
March 8 – St. Louis, 1:05 p.m. (split squad)  
March 9 – Philadelphia, 1:05 p.m.  
March 11 – Miami, 1:05 p.m.  
March 13 – Baltimore, 1:05 p.m.  
March 16 – Red Sox, 7:05 p.m.  
March 20 – New York Yankees, 1:05 p.m.  
March 21 – Pittsburgh, 1:05 p.m.  
March 22 – Baltimore, 1:05 p.m. (split squad)  
March 23 – Tampa Bay, 1:05 p.m.  
March 26 – Pittsburgh, 1:05 p.m.  
March 29 – Red Sox, 1:05 p.m.  
March 30 – Toronto, 1:05 p.m.  
March 31 – Red Sox, 1:05 p.m.

- Boston Red Sox**  
February 29 – Boston College and Northeastern University, 1:05 o.m.  
March 2 – Twins, 1:05 p.m.  
March 4 – Tampa Bay, 1:05 p.m.  
March 6 – Baltimore, 1:05 p.m.  
March 7 – Tampa Bay, 1:05 p.m.  
March 10 – Twins, 1:05 p.m.  
March 12 – Miami, 1:05 p.m.  
March 14 – Pittsburgh, 1:05 p.m.  
March 15 – New York Yankees – 6:05 p.m.  
March 17 – Baltimore, 1:05 p.m.

- March 18 – Twins, 1:05 p.m. (split squad)  
March 19 – St. Louis, 1:05 p.m.  
March 24 – New York Mets, 1:05 p.m.  
March 25 – Pittsburgh, 6:05 p.m.  
March 27 – Philadelphia, 1:05 p.m.  
March 28 – Baltimore, 1:05 p.m.✱

## SANIBEL 8-BALL POOL LEAGUE 2015-16 Standings through December 28

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	153	87
Second	Sandycappers	123	117
Third	Sanibel Café	114	120
Fourth	Fresh Legion Crew	90	150

### December 28 Results

Bunt's Ball Busters	14	Sanibel Café	6
Sandycappers	14	Fresh Legion Crew	6

#### Sanibel 8-Ball Pool League

### Ball Busters Just Can't Be Beat

With a 4-0 pasting of Joe Mason, Terry Ricotta led league-leading Bunt's Ball Busters to a 14-6 win over Sanibel Café. This was Ricotta's second 4-0 effort in a row. He was supported by Noah Smith and Mike Dewitt with 3-1 wins over Jimbo Gaubatz and Pete Mindel.

Jack Cunningham and Dave Doane also tossed in two wins each for the Ball Busters. With the loss, Sanibel Café dropped nine games behind Sandycappers for second place honors. Café captain Rich McCurry appealed to Bunt's captain Bob Buntrock to help his team out with a big win over the Sandycappers when they meet on

January 4. Sandycapper's Gary Murza shook of his medical ills of a week ago and racked up four wins over the combination of Tom Yorgey and Gator Gates. In his usual humble manner Murza said, "I shot well but not well enough to win all four games. It appeared that Gator Gates had started celebrating the new year a bit early and was slightly off his game. But one must take what one is handed."

Dennis Bender and John Riegert posted 3-1 wins over Doc Lubinski and Matt Hall to help the Sandycappers to its 14-6 victory.

The league's top two teams, Bunt's Ball Busters and Sandycappers meet on Monday night. Play starts at 5 p.m. and usually continues until 9 p.m. There are plenty of spectator seats, says Buntrock, and he invites those interested to drop by the American Legion and cheer on their favorite team.✱

Happy New Year!

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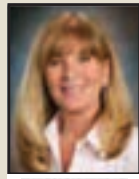
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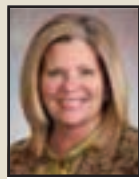
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HeartWalk Series:

# Island Realtor Supports HeartWalk



San-Cap HeartWalk organizer Sandy Teger with Chuck Bergstrom

Chuck Bergstrom, a realtor with REMAX of the Islands and owner of Beach Piez, has been a major supporter of the Sanibel-Captiva HeartWalk since its inaugural year. He does so to celebrate his second chance at life on this island paradise.

Many island residents remember August 2004 as the month of island-devastating Hurricane Charley. For Bergstrom, that time has another meaning. The island was under a storm watch and Chuck was out showing a property to clients. After mentioning to them that he felt like he was getting an ear infection, he decided to drive to a local doctor's office.

After an EKG, his world started being surreal. The next thing he knew, he was in

an ambulance on his way to Health Park. While others evacuated Sanibel and Captiva, Bergstrom was prepared for surgery to repair the three blockages that had caused his heart attack.

Chuck's post-surgery memories include having his bed rolled into the hospital corridor, where he and the other patients were kept until Charley had gone through. When Bergstrom returned home, he came back to a very different looking island.

Like others who have been through similar experiences, Bergstrom does many things differently now, including religiously exercising, modifying his diet, routine visits to his cardiologist and having a health care proxy. Although he knows he may annoy his friends, he reminds them to watch after their own health.

Bergstrom is an advocate for the American Heart Association, and shares his story to help others take control of their own health. The San-Cap HeartWalk is an American Heart Association event that raises money for lifesaving research and education.

"By supporting the AHA and by focusing on my own heart health and well-being, I've been able to give hope to others that a healthier life, a better life, is attainable," Bergstrom said.

This is Chuck's third year supporting the San-Cap HeartWalk and each year he does so, he celebrates how lucky he is to live in a time when so many things can be 'fixed' if caught in time.

Bergstrom hopes his friends and neighbors will join him in contributing to the life-saving education and research efforts of the AHA. This year's Sanibel-Captiva HeartWalk takes place on Sunday, January 31 starting at 1 p.m. at the corner of Tarpon Bay Road and Island Inn roads. A silent auction has been added to this year's program. Information on items for auction will be shared in this newspaper and via email. Bids will be accepted by email one week before the event. The silent auction will continue onsite at 1 p.m. There are a variety of items for auction ranging in value from \$25 to \$2,500.

The Sanibel Captiva Trust Company and Il Cielo Restaurant are both Platinum Sponsors for the event.

To contribute, learn more or become a sponsor, contact Kelly Goodwien at [kelly.goodwien@heart.org](mailto:kelly.goodwien@heart.org) or 495-4901, or visit [www.SanibelCaptivaHeartWalk.org](http://www.SanibelCaptivaHeartWalk.org).

## The Dunes Golf Club

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## School Smart



by Shelley M.  
Gregg, NCSP

**Dear Readers:**

Happy New Year! I am passing along this wonderful poem (again) with excellent New Year's Resolutions for parenting. The suggestions are worth considering.

### Parental New Year's Resolutions

by Dr. Alex Thomas

Well, it is time for Parental New Year's Resolutions. Pick any five from the suggestions below and, if you are still following them when the school year ends, you probably will see improvement in your child's school performance and/or behavior around the home. Feel free to change these so they work for you:

I resolve to provide a regular daily or weekly chore for my child and will assure that it is completed on time.

I resolve that I will cut our junk food budget, including pop, by 25 percent.

I resolve to see to it that my child will complete all tasks that are started.

I resolve that my child will not easily quit a team or club once it is joined, or quit music or other lessons once started.

I resolve that no more than two meals a week will be eaten in front of the television.

I resolve to allow my child the opportunity to deal with failure and frustration without interfering, providing support but not excuses.

I resolve that my child will spend no more than 20 hours a week watching television.

I resolve that my child will spend at least one half hour, at a designated spot and time, on homework or reading, every school night.

I resolve to see to it, by providing incentives if necessary, that my child reads independently, even if it the reading includes comics, sports pages or romance books.

I resolve to say at least two positive things to my child every day.

I resolve to make the opportunity, weekly, to spend at least a half hour with my child on some mutually needed activity (shopping, dishes, working on the car).

I resolve to lower my NQ (Nagging Quotient) and act instead of yak.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

## She Sells Sea Shells Donates \$1,500 To Komen

She Sells Sea Shells has donated \$1,500 to the Southwest Florida affiliate of the Susan G. Komen organization for the fight against breast cancer in our local community.

During Breast Cancer Awareness Month, with the support of its valued customers and committed staff, She Sells Sea Shells hand-crafted a pink ribbon sand dollar ornament and sold, matched and donated 100 percent of the proceeds. This donation helps funding on multiple fronts, including research, community health, global outreach and public policy initiatives in order to make the biggest impact against this disease.

She Sells Sea Shells owners were pleased with the positive response received on the pink ribbon ornament and has committed to making this an annual fundraiser.✱



Tamara Joffe, right, representing She Sells Sea Shells, donated \$1,500 to the Susan G. Komen Southwest Florida organization. Accepting on their behalf is Bob Josephson, financial and systems director



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# Chef Black Goes Back To Basics At Sanibel Restaurant

by Anne Mitchell

In the almost 10 years he's owned Il Tesoro Ristorante on Sanibel, Chef AJ Black has talked passionately about wholesome, additive-free foods, farm-to-table fare and wild – not farm-raised – fish and meats. Now, it seems, even mainstream consumers are catching up with his philosophy and are not just requesting, but demanding, healthier meals when they dine out.

He's back on Sanibel with a "back to basics" approach to cooking as he prepares for another winter season. He's using his self-canned tomato sauce in Il Tesoro's kitchen, made from carefully chosen varieties picked in their prime, as the base for his authentic Italian dishes. He's also finding with new ways to serve locally grown vegetables, such as sliced and pickled baby turnips grown in Alva, beet microgreens from the same farm, and ways to make use of the lush leaves of the many vegetables in the spinach family.



Some of the produce from Alva that Chef Black is incorporating into his dishes

"Every week we get a box of vegetables to experiment with," Black added.

He urges others in the restaurant business "to look to the farmers and go to the fishermen." He said, "Get a whole fish in your hand – not a filet."

Most food should not have a long shelf life, Black maintains. His self-canned tomato sauce is a case in point. He used



Chef AJ Black gathering tomatoes for his home-made sauce

tomatoes from a Massachusetts farm. The sauce contains no dyes or preservatives and is stored in screw-top glass jars, not metal containers. It doesn't remain long on his kitchen shelves, anyway.

"I went through 4,000 jars in the summer," he noted. He'll be checking out the local tomato crop for suitable varieties for his sauce.

Il Tesoro was closed for two months for renovations including new flooring and is now open for business seven nights a week. Black said he has been asked if the restaurant was closing or had been sold. Nothing is further from the truth, he added. He has closed his New York City restaurant and wants to concentrate on Il Tesoro and Primavera Ristorante, which he opened in Yarmouth Port, Massachusetts.

He also plans to teach "a new generation of culinary students," in cooperation with the James Beard Foundation. He started the program in Massachusetts last summer and will expand it to Sanibel next fall by bringing six or seven young female trainees to Sanibel.

Come January, Black plans to open Il Tesoro for lunch as well as dinner. Meanwhile, he is "compressing" the regular menu and adding daily specials to reflect the availability of local produce.\*

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## 2016 New Year Resolutions



by Craig R. Hersch, Florida Bar Board Certified  
Wills, Trusts & Estates Attorney; CPA

**A**s we turn our calendars to 2016, many decide to make New Year resolutions. What are yours this year? Is it to lose weight? Give up self-destructive vices such as smoking or drinking? Allow me to suggest seven estate planning to-dos that shouldn't be ignored:

- **Update Your Will.** That will which sits in your safety deposit box – yeah, you know it – the one that names your sister Nancy to act as the guardian for your children who are now in their forties – desperately needs to be updated. Your family and financial circumstances have significantly changed

since then – notwithstanding the fact that you no longer reside in Ohio where it was drawn up.

- **Sign a New Durable Power of Attorney.** This document needs updating just as much as your will does – and may actually be more important to you than your will. At least if your will is a problem it doesn't affect you – after all, you'll be dead! You'll just leave a mess behind for your loved ones. But your durable power of attorney affects you. If you become incapacitated and don't have a valid durable power of attorney document that names someone who can write checks, pays bills and manage your financial and legal affairs, the alternative is a court ordered guardianship. That's no fun and can be really expensive.

- **Take a Look at your IRA and 401(k) Beneficiary Designations.** It could be a real downer for your current spouse to discover that your former spouse is still named as the primary beneficiary on your IRA and 401(k) accounts. Another bummer is when your stock broker switched firms and forgot to have you update the beneficiary documents. When that happens the Custodial Agreement controls who gets the IRA or 401(k). Have you ever read your Custodial Agreement? It's the thin onion skin paper thingy that comes in the mail when you opened your account. The one you threw out along with the prospectus to all of the mutual funds. What the Custodial Agreement may say is that your estate becomes the beneficiary if you don't name one. Federal tax law – our friends at the IRS – shout with glee when your estate becomes your beneficiary because upon your demise your entire account becomes immediately taxable as income.

- **Update Your Health Care Directives.** Unless you wish to become the next Terri Schiavo you should strongly consider signing a new living will and health care

surrogate. You may remember the Dunedin, Florida woman who was on life support for 15 years. Schaivo's court case between her husband who insisted that she would have wanted to remove the food and water tubes and her parents who argued she wasn't in a persistent vegetative state – resulted in a political and media circus involving the United States Congress and the Supreme Court. I don't know about you but one of my lifetime goals does not include having my private health care matters being mentioned by our esteemed Congressmen and Senators preening for votes on national television.

- **Dust off your Life Insurance and Annuity Beneficiary Designations.**

For many of the same reasons I mention in #3 above, it's a good idea to dust off the beneficiary designations to your life insurance and annuities. If you have any chance of having a taxable estate for federal estate tax purposes, now may be a good time to investigate removing the life insurance from your taxable estate by using any number of strategies, including an irrevocable life insurance trust (ILIT). If you already have such a trust but don't have all of your "Crummey notices" (the ones that made the contributions to the ILIT tax free) saved in one place, gather them together and give them to your estate attorney so that he will have copies in case they are ever needed. When might they be needed? Not until your death when your estate tax return is audited. By then you obviously won't be around to tell everyone where they are. Save your friendly attorney (not to mention your family affected by the taxes that our friends at the IRS may impose when the Crummey letters can't be verified) from the stress and organize the file.

- **Make a Tangible Personal Property List.** Believe it or not, it's usually not the money or real estate that the kids fight over. Those things can be divided up rather easily. It's the heirlooms that cause the most strife. Dad's baseball card collection. Mom's engagement ring. The painting on the wall. Creating a list of who is to get what can avoid some heated arguments in the stress of losing a parent.

- **Make Lists.** Do those important to you know where your financial accounts are located, how to log onto your accounts online or which bank branch your safety deposit box is located? All sorts of personal information might be very difficult to find in the event of your incapacity or death. Unless your son is Sherlock Holmes it's a good idea to let them all know where these important documents and items can be found.

Just as most of us give up on our resolutions by January 2, do yourself (and your loved ones) a big favor. If you haven't taken care of these matters, try your best to do so. Unlike losing weight or getting more exercise, you can actually delegate most of these tasks among your advisors such as your friendly estate planning attorney, accountant and financial advisor.

Have a happy and healthy 2016!

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Superior Interiors

Happy New Year



by Jeanie Tinch

This year, make a New Year's resolution to give your home a New Year's facelift. These design tips should serve you well as you move towards an updated, fresh new look for your home:

- Start a file of magazine pictures of rooms that you like. Even if you can't exactly pinpoint why you find a room setting so appealing, by reviewing your file, your decorator will be able to quickly understand the feel that you want for your home.
- Involve your professional decorator at the very beginning of your project. Doing so will help you avoid the costly mistakes that many homeowners make. The most successful decorating projects are those where the decorator and homeowner are very candid with each other regarding tastes, priorities, budget, timing and goals.
- Your first goal should be to design your home to suit the way you and your family actually live. Analyze all the rooms of your home – are some underutilized and some just exhausted from use?

- Maybe its time to relocate some activity centers and redirect some traffic patterns.
- Be realistic when determining the amount you plan to invest in the project. If you haven't redecorated in several years, you may need to acquaint yourself with today's pricing to determine your budget range.
  - Resist the urge to repaint your interior as the first step in your new look. There are myriad beautiful paint colors to compliment your final fabric selections but painting your walls first will severely limit your choices in fabric selections. Color schemes should flow smoothly from room to room, especially in the adjoining living areas. This means some detailed attention needs to be paid early to the long range overall color plan.
  - Forget matching sets of furniture and mono-chromatic "safe" schemes. A far more interesting look is a room of complementing wood pieces and companionable fabrics in exciting complementary colors.
  - Something slightly whimsical in every room will ensure that your rooms don't take their new look too seriously. Lamps, area rugs, and other accessories are all opportunities for a novel touch to keep rooms feeling light and welcoming. Use many different textures, materials and surfaces. Combinations of metals, woods, glass, woven reeds, fabrics, ceramics and stone will provide depth and interest to your decorative theme.

- Insist upon good lighting. A well planned room will have lighting at varying levels and intensities appropriate to the activity of the area. Close attention should be given especially to task lighting for activities such as reading, dining, and cooking and desk top work.

This is one New Year's resolution that you and your family will be pleased you kept for years to come.  
*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coindceden.com](mailto:jeanie@coindceden.com).*✴

Shell Point Offers Program On State Of Healthcare

Shell Point will host Jim Nathan, CEO of Lee Memorial Health System, for a presentation about healthcare services and future plans in Southwest Florida in The Village Church Auditorium on Wednesday, January 13, at 10:15 a.m. For more than 30 years, Nathan has led Lee Memorial Health System to become one of Florida's largest healthcare systems. He will discuss new treatment advancements at Lee Memorial Health System and how multiple major projects will improve access to healthcare for residents of our region. Learn about the Golisano Children's Hospital, additional beds and services planned for Gulf Coast Medical Center and a new \$140 million medical campus in south Lee County. Nathan will also discuss The Shipley Cardiothoracic Center, a new initiative for innovation, education and research for heart and vascular health.



Jim Nathan

Light refreshments will follow Nathan's presentation, which is part of Shell Point's 2015-2016 Medical Breakthroughs & Discoveries series, an annual community healthcare speaker program that serves as a resource for residents in the greater Fort Myers area. All Medical Breakthroughs & Discoveries presentations are free to the public. Sign up is required at 433-7936.✴

Eden Energy Medicine

Eating From Stress? EEM To The Rescue



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)  
The holidays are frequently a source of stress and many find that eating helps deal with the stress, resulting in that unwanted extra pound or two or four. Plac-

ing tasty morsels in one's mouth can be quite calming, well at least momentarily. This is a primal response, so the tools suggested below assist in the body, both physiologically and psychologically, to be more "rational" and controlled when the systems are saying "give me food." The first course, whether during the holidays or any other time, is to avoid eating when under stress. Do the Five-Minute Routine instead. Really, by the time you have completed the thumps, hook up, zip up etc. you will feel much better. The second defense against unwanted eating is to hold the main neurovascular points on your forehead (which control emotions) by placing a palm against the forehead with the fingers pointing toward an ear and the wrist pointing toward the other ear and just hold for several minutes until you feel the stressor dissipate. Another approach suggested

in Donna Eden's book *Energy Medicine for Women* is the Eat in Peace Exercise, taking less than a minute:  
Step 1. Raise both hands above the head, make fists on an inhale, and bring fists in a controlled manner all the way to ground as you exhale. Open hands at ground.  
Step 2. While bent over, place backs of hands together, and on an inhale slowly slide hands up center of body. When reaching face, take another inhale as hands are moved above head.  
Step 3. On exhale, with palms facing outward above head, circle arms down to sides of legs.

This exercise releases tension, calms the nervous system and zips the calmness into the central meridian, which forms a bubble around your core. Now go check out the food – I bet you don't feel like grazing. Next week's topic is Eating for Comfort Puts on the Pounds. If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✴

Got A Problem? Dr. Connie Is In



by Constance Clancy  
**Q:** I am in a relationship with a man and I feel that he doesn't love me as much as I love him. What should I do?  
**A:** When in relationship, we all want to feel that

special feeling that love can bring. When a woman doesn't feel as loved by her man as much as she loves him, often a sense of insecurity and that desire to hold on out of insecurity grabs hold. Relationships are healthy and stable when both partners feel equal in the partnership.

They behave equally and there is a intuitive feeling of authenticity and genuineness. There is a knowing and they are able to be in the flow of life. Because you are struggling with this feeling, this could be a red flag. It's important to watch your partner's behavior and not just take his word that he is in love with you if in fact he is even telling you this. You also can observe his behavior and learn a lot. If you have any doubt it may be in your highest good to pull back and pursue other interests. There is a good chance that while he may say things that lead you to believe he is in this relationship, chances are he could be pursuing someone else since you don't feel loved back. If you find that you are struggling with pulling back, ask yourself if this is a common pattern with relationships you have been in. If it is, seeking professional help would be in order because there is

continued on page 22B



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## Assistant Golf Pro Earns Mechanics Certification

The Sanctuary Golf Club PGA Professional Jaimie Pierson achieved Level Two for Golf Mechanics Certification through the Titleist Performance Institute (TPI). Level Two is designed for serious golf instructors who desire to be at the forefront of how golf is taught at the highest levels. Golf Level Two also dives into teaching advanced golf skills – covering the short game, putting, skills assessment, and various proactive strategies to make a more effective teacher of the game. Pierson qualified by having his credentials to teach golf, Level One Certified, and successfully passing all Golf Level Two examinations.

“Level One gave Jaimie the necessary tools to identify that your body is the reason you swing the way you do – the Body-Swing Connection, and Level Two covers various strategies to make you a better golfer,” said Director of Golf Brett Kist. “I am so proud of Jaimie for being committed to growing the game of golf.”



Jaimie Pierson

Pierson is from Wisconsin, south of Madison. He interned at Greenwich Country Club and New Haven Country Club in Connecticut during the summer and has worked with The Sanctuary Golf Club for the past three winters – becoming full time this past year.

“To date, 11 of the last 16 major championships, 22 of the top 35 golfers in the world ranking, and 52 of the 81 PGA Tour Events were all won by players advised by a TPI Certified Expert,” stated Ken Kouril, Chief Operating Officer at The Sanctuary Golf Club. “We are proud Jaimie will be bringing his expertise to the members.”

For more information regarding membership at The Sanctuary Golf Club, contact Sheryl Tatum at statum@sanctuarygc.net.✱

## New Tai Chi Session At Rec Center



A tai chi class in session

A new session of Tai Chi with Dr. Marc Rowe is offered at the Sanibel Recreation Center on Wednesdays.

Multi-level tai chi will be held at 2 p.m. from January 6 through February 10 and the beginners class will be held at 3 p.m. from January 13 through February 17. Cost for the six week session is \$46 for rec center members and \$61 for non-members. Advance registration is suggested.

Tai chi is an ancient Chinese form of “soft-style” martial art exercise that is based on slow, fluid movements. Dr. Rowe’s instruction focuses on maintaining one’s center of gravity while improving flexibility and muscle tone. Tai chi is considered an excellent way to reduce stress and generate mental calmness and clarity. Participants are encouraged to wear loose fitting clothing and comfortable shoes.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✱

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dearRPharmacist

# New Medications Help With Chin Fat, Libido, Mood



by Suzy Cohen, RPh

**D**ear Readers: It was a strong year for Big Pharma in 2015, with many new interesting medications hitting the shelves. My articles are syndicated worldwide, but I'm only listing English drug names so please ask your local pharmacist to translate. Happy New Year!

Love, Suzy

**Kybella (Deoxycholic Acid)** – This is the “double chin” drug because once injected it acts like a detergent (due to the bile acids that make up the drug) improving the appearance of unwanted fat under beneath the jawline. It's a chin tuck without the knife!

**Addyi (Flibanserin)** – This pill supposedly puts women ‘in the mood’ but sales are less than desirable for Sprout Pharmaceuticals, the makers of the new female lust drug. Why do I think that? Consider that over half a million men filled Viagra prescriptions its first month out back in 1998. Addyi is clearly not overwhelming women, because it was prescribed only 227 times during the first month. I'm guessing sales are slow

because you can't have a glass of wine with it, and it doesn't give you that immediate notification like Viagra (wink). Addyi targets dopamine and norepinephrine in the brain and it's taken daily, so it's really an expensive antidepressant rather than a sex pill. What's worse is it cuts into your Michael Kors fund, requiring about \$800 a month.

**Aristada (Aripiprazole lauroxil)** – This new injectable drug treats schizophrenia, severe depression and bipolar disease. FDA's approval of this powerful antipsychotic was based, in part, on the efficacy data of another popular drug you've probably heard of called Abilify. Now, Abilify just so happens to be America's drug of choice. Americans handed over \$7.5 billion for it between October 2013 and September 2014. Aristada is a long-acting drug that ultimately becomes

Abilify, after a few chemical reactions inside your body. So Aristada could be thought of as the parent drug, and FYI, it requires methylation to fully activate itself.

**Cresemba (Isavuconazonium), Rx** – This new antifungal drug was granted “priority” review in 2015, which basically means they hurried everything up to get it out. Wouldn't give me any comfort, I'd just feel more like a guinea pig, but OK... it's used to treat invasive and potentially-deadly aspergillosis and mucormycosis infections so I guess their thinking was, “Let's give these folks another option and hurry it through the FDA approval process!” I do understand that. Regardless, these scary infections happen to people with weak immune systems. This drug belongs to the “azole” class of antifungals so its sister drugs are ketoconazole and itraconazole; Cresemba is available by

tablet and injection.  
**Lenvima (Lenvatinib)** – Taken by mouth, this drug is used to treat tough cases of thyroid cancer. It was tested in 392 participants with progressive thyroid cancer that was unresponsive to radioactive treatments. The drug seemed to help and 65 percent of the participants saw a reduction in tumor size, compared to two percent who received placebo. Lenvima's side-effects included heart problems, hypertension, fatigue and body aches as well as swelling and problems with the voice.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

My husband and I married two years ago; we are in our late 60s and it was a second for both.

We haven't even tried to blend our adult children into a family, because we know that it would never work. One of his daughters is extremely immature and she has announced that she is engaged to an equally immature and obnoxious individual.

My husband wants to give her the marriage of her dreams, and we are expected to pay all of the costs. I know that the marriage will last 12 months at most, and I am very resentful that my husband is prepared to spend so much of our money on this young woman.

What do you think I should do?

Myrtle

**Dear Myrtle,**

Marriage is difficult even in the best of times, in spite of what the songs and the poems on greeting cards tell us.

It doesn't get any easier for most of the seniors, just a different set of problems. In young marriages, it may be the in-laws and in senior marriages, it could be the adult children.

To avoid problems, many people are advised to keep estates separated and have prenuptial agreements. If this had happened in your marriage maybe this problem could have been avoided. But as it is, counseling is a possibility but if that

is not possible you will just have to learn to accept what you cannot change.

Lizzie

**Dear Myrtle,**

Let me see if I understand... you and your husband have been married for two years. You are very resentful that your husband wants to pay for his daughter's wedding because you think the daughter and soon-to-be son-in-law are both immature. And the marriage will not last more than a year.

Since when is everything about you and what you think and want? Let's look at the possible consequences of your actions. If you choose to argue against the marriage and not support it, you risk harming your relationship with your husband and family in general.

It seems to me, Myrtle, the better choice is to grin and bear it. You will support your husband, not pit family members against family members and if the marriage fails, perhaps it will be a learning experience for the daughter and she can mature from it.

Pryce

*Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).*

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From page 20B

## Dr. Connie

a reason you are selecting men who are not as into you as you are them. If you do not begin to understand this pattern, you will repeat it.

No relationship is worth your feeling unloved and uncared for that you end up just worrying about it. What you want to have in a partner is someone who is kind, positive, loving, fun, trustworthy, sincere, understanding and who is totally into you.

**Constance Clancy-Fisher, EdD** is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).

Read us online at  
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## Doctor and Dietitian

## Brain Fitness



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**W**e already know that exercise is great for our body, but what we may not realize is that exercise can also strengthen the brain. Moderate exercise nourishes the brain, improves our ability to learn, boosts mental performance, remodels the brain, and helps prevent the brain from aging.

Scientists used to think the adult brain structure was fixed, and no new cells could be made or the brain altered in any way after adolescence. However, physical activity boosts blood flow all through the body, including the brain, which increases the ability of brain cells to connect with each other. Increased connectivity can occur by simply walking. More vigorous exercise, such as running, leads to faster reaction times and improved learning.

Physical activity has been linked to a lower risk of the development of cognitive

decline, because it is in essence a fertilizer for the brain, nourishing it and improving attention, memory and information processing.

Exercise reshapes the brain. When we don't use our muscles, they atrophy. The brain is no different. Brain training games help keep the brain connections strong, but add exercise into the mix and more oxygen is pumped to the brain and hormones and growth factors are released that boost the health of brain cells, stimulate growth of new blood vessels in the brain and encourage new neuronal connections.

Including exercise that requires both mental and physical activity requires the integration of different parts of the brain, such as coordination, rhythm and strategy, resulting in a greater impact on cognitive function. Dancing and circuit training are a few examples.

Start your day with exercise! Exercising in the morning prepares you for the day by increasing brain activity, boosting information retention and fine-tuning your ability to react to the situations and stressors that come your way.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@[caringmedical.com](mailto:caringmedical.com).✱*

## Scholar To Speak On Muslims In America

**T**he Interfaith Shared Scholar Committee of Sanibel and Captiva announced that the 2016 Shared Scholar Lecture will be given by Zeki Saritoprak, PhD, Professor of Theology and Nursi Chair of Islamic Studies at John Carroll University. Dr. Saritoprak will speak on the topic Muslims in America: Prospects and Perils. The lecture will be held at the Sanibel Congregational United Church of Christ at 3 p.m. on Sunday, January 17, with a reception to follow.

Dr. Saritoprak has held the Nursi Chair in Islamic Studies since 2003. He holds a Ph.D. in Islamic Theology from the University of Marmara in Turkey. His dissertation which examines the personification of evil in the Islamic tradition is entitled *The Antichrist (al-Dajjal) in Islamic Theology* and was published in Turkish in Istanbul in 1992. Prior to coming to John Carroll, Professor Saritoprak held positions at Harran University in Turkey, Georgetown University, the Catholic University of America, and Berry College in Rome, Georgia. He is also the founder and former president of the Rumi Forum for Interfaith Dialogue in Washington, DC.

Dr. Saritoprak is the author or editor of numerous books and articles, including *Islam's Jesus and the Muslim Theology of the Afterlife* (University of Florida,



**Zeki Saritoprak**

2014). He has contributed to a variety of books and encyclopedias, including *World Religions in Dialogue*, ed. Pim Valkenberg (Anselm Academic, 2014) and *The Islamic World*, ed. Andrew Rippin (Routledge, 2008).

The Shared Scholar Lecture is co-sponsored by Bat Yam Temple of the Islands, Captiva Chapel-by-the-Sea, Saint Michael & All Angels Episcopal Church, Sanibel Christian Science Church, Sanibel Congregational United Church of Christ. Bat Yam sponsorship is made possible by the Leo Rosner Foundation by a gift made in honor of June Rosner.

The lecture is open to the public. A free will offering will be taken. The Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. For further information or directions, visit [www.sanibelucc.org](http://www.sanibelucc.org) or call the church office at 472-0497.✱

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# My Stars ★★★★★

FOR WEEK OF JANUARY 4, 2016

**ARIES** (March 21 to April 19) A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member makes contact.

**TAURUS** (April 20 to May 20) You're eager to move forward with a new challenge that suddenly dropped in your lap. But you'd be wise to take this one step at a time to allow new developments to come through.

**GEMINI** (May 21 to June 20) You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers.

**CANCER** (June 21 to July 22) Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

**LEO** (July 23 to August 22) Your new goal looks promising, and your golden touch does much to enhance its prospects for success. In your private life, Cupid does his best to make your new relationship special.

**VIRGO** (August 23 to September 22) That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things fall into place before you act.

**LIBRA** (September 23 to October 22) A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.

**SCORPIO** (October 23 to November

21) Partnerships -- personal or professional -- which began before the new year take on new importance. They also reveal some previously hidden risks. So be warned.

**SAGITTARIUS** (November 22 to January 21) Your associates are firmly on your side, and that persistent problem that has caused you to delay some activities should soon be resolved to your satisfaction.

**CAPRICORN** (January 22 to January 19) Favorable changes continue to dominate, and you should be responding positively as they emerge. Someone wants to become more involved in what you're doing.

**AQUARIUS** (January 20 to February 18) A friend wants to share a secret that could answer some questions you've wondered about for a long time. Meanwhile, travel aspects continue to be strong.

**PISCES** (February 19 to March 20) Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

**BORN THIS WEEK:** You have the capacity to meet challenges that others might find overwhelming, and turn them into successful ventures.

## THIS WEEK IN HISTORY

- On Jan. 9, 1493, Christopher Columbus, sailing near the Dominican Republic, sees three "mermaids" -- in reality manatees -- and describes the mythical half-female, half-fish creatures as "not half as beautiful as they are painted."

- On Jan. 7, 1785, Jean-Pierre Blanchard and John Jeffries travel from England to France in a gas balloon, becoming the first to cross the English

Channel by air. They nearly crashed as their balloon was weighed down by extra-neous supplies such as silk-covered oars.

- On Jan. 4, 1847, Samuel Colt rescues his faltering gun company by winning a contract to provide the U.S. government with 1,000 of his .44 caliber revolvers. The heart of Colt's invention was a mechanism that combined a single rifled barrel with a revolving chamber that held five or six shots.

- On Jan. 8, 1867, Congress overrides President Andrew Johnson's veto of a bill granting all adult male citizens of the District of Columbia the right to vote. It was the first law in American history to grant black men the right to vote.

- On Jan. 10, 1946, the first General Assembly of the United Nations convenes in London. Two weeks later it adopted its first resolution, which called for the elimination of weapons of mass destruction.

- On Jan. 5, 1957, in response to the increasingly tense situation in the Middle East, President Dwight Eisenhower delivers a proposal to Congress calling for a more proactive U.S. policy. The "Eisenhower Doctrine" established the Middle East as a Cold War battlefield.

- On Jan. 6, 1994, Olympic hopeful Nancy Kerrigan is attacked at an ice rink two days before the Olympic trials. A man, hired by the ex-husband of skating rival Tonya Harding, clubbed Kerrigan in the leg in an attempt to keep her out of the Olympics. Months later, Kerrigan won the silver medal, while Harding finished eighth.

## STRANGE BUT TRUE

- It was noted 20th-century French-Swiss film director, screenwriter and critic Jean-Luc Godard who made the following sage observation: "A story should

have a beginning, a middle and an end, but not necessarily in that order."

- Those who study such things say that Roman emperor Gaius Julius Verus Maximinus was more than 8 feet tall.

- If you live east of the Rocky Mountains, you've probably spent summer evenings watching the flashing green or yellow lights of those beetles we call fireflies. You might be surprised to learn, though, that different species have different colored lights. For instance, the Paraguayan railway beetle can show both green and red lights (like a railway lantern; hence, the name).

- According to the U.S. Census Bureau, there are currently more than 1,500 American residents named "Seven."

- The Taj Mahal, widely known as "the jewel of Muslim art in India," was commissioned in 1632 by the Mughal emperor Shah Jahan, who wanted the tomb of his favorite wife to be housed in splendor. After construction was complete, Jahan wanted to ensure that this architectural wonder would never have a rival, so he had the chief architect and main artisans put to death. The stone masons who had done the best work on the structure had their hands amputated, and the artists responsible for the delicate inlay work were blinded.

- In some parts of colonial America it was illegal to kiss your spouse in public.

## THOUGHT FOR THE DAY

"The moment we begin to fear the opinions of others and hesitate to tell the truth that is in us, and from motives of policy are silent when we should speak, the divine floods of light and life no longer flow into our souls." -- Elizabeth Cady Stanton

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## Mid-January Concerts At Shell Point Offer Classical Masterpieces

Southwest Florida audiences are invited to attend two professional performances in mid-January as part of Shell Point Retirement Community's 2015-2016 Concert Series. Both concerts will highlight classical masterpieces by famed composers.

Shell Point will partner with the Southwest Florida Symphony to offer *Discover Beethoven's Eroica*, a multimedia orchestral presentation on Thursday, January 14 at 7:30 p.m. in The Village Church. Conducted by Maestro Leif Bjaland, this concert will chronicle Ludwig van Beethoven's creative journey as he composed his first great symphonic masterpiece, *Symphony No. 3, Eroica*.

"Attending symphony concerts at Shell Point is especially wonderful because of the enhanced audio-visual equipment on stage at The Village Church," said Dee Horne, Shell Point resident and dedicated follower of the arts. "It allows me to see the expressions of performers as they play. I can see emotions cross their faces, and it adds to the overall experience."

Saxophonist Ashu brings his engaging stage presence to the chamber-style setting of Shell Point's Grand Cypress Room in The Woodlands on Saturday, January 16 at 7 p.m. Ashu has earned a reputation for his emotional mastery of technical saxophone performances and has played internationally for many years.

Individual tickets for each concert are \$25 and may be purchased online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or by calling the box office at 454-2067.

Shell Point Retirement Community is located on Summerlin Road, just before the Sanibel Causeway.\*

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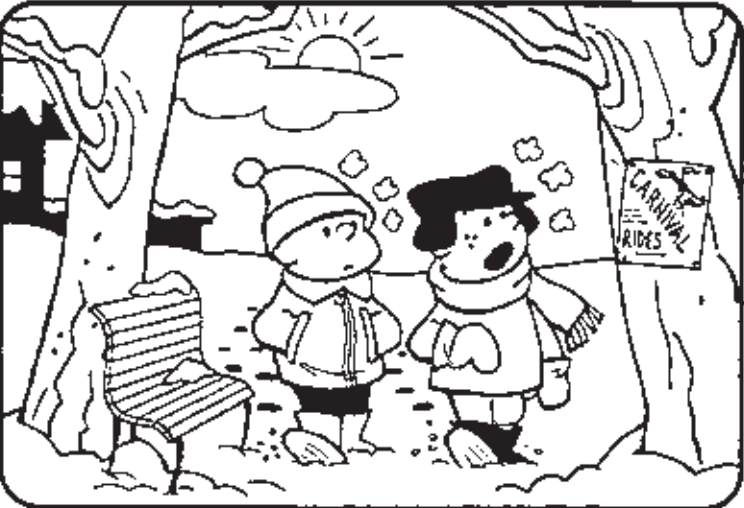
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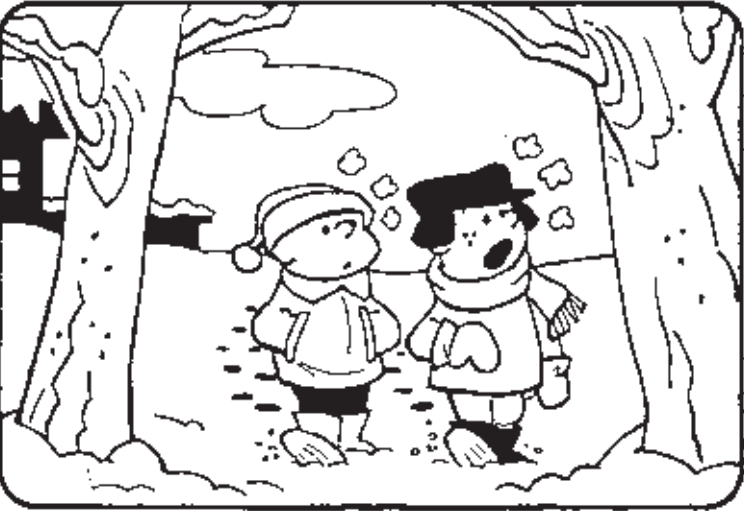


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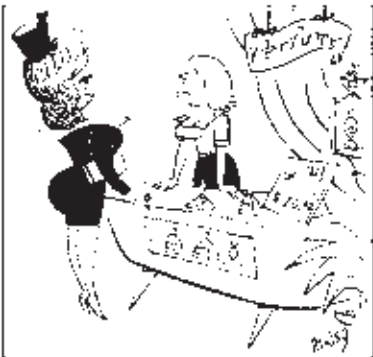
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HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bench is missing. 2. Sun is missing. 3. Cap is different. 4. Zipper is missing. 5. Scarf is shorer. 6. Poster is missing.



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TODAY'S WORD

answer on page 27B

		8		1	7	2		
4			3				5	
	1			8				3
	3		6					7
		9			5	4		1
6				4			2	
7					3	9		
	2	1	9					6
	9			6			4	

SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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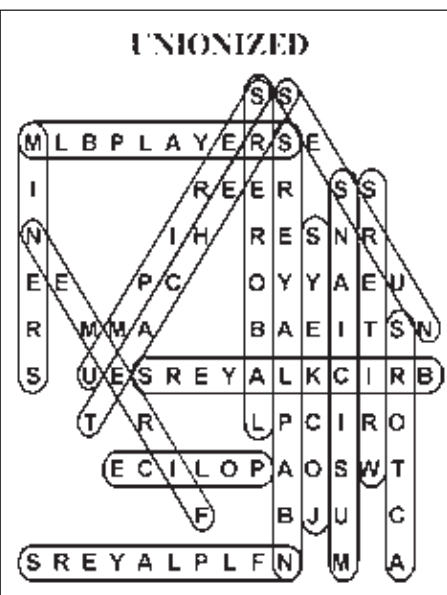
SUPER CROSSWORD

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OSO DONTSHEDADEARINE  
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TOMMYROE EEL BLURT  
HOME DIMEANDDIMEAGAIN  
ASAN FSPANNA AHATLINE  
NEST RETTON TAPS INGE

KING CROSSWORD

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APE ARIA AKIN  
BERIBERI GENT  
SENDIN RHO  
ETA CANCAN  
ATLAS TUG OHO  
BOIL TUT CHEN  
AGE SEX PROMO  
BONBON IRA  
ASS NIMBUS  
EAST PAGOPAGO  
BLOC ODOR ILL  
BETH TOTS LYE

MAGIC MAZE



SUDOKU

3	6	8	5	1	7	2	9	4
4	7	2	3	9	6	1	5	8
9	1	5	4	8	2	6	7	3
1	3	4	6	2	9	5	8	7
2	8	9	7	3	5	4	6	1
6	5	7	1	4	8	3	2	9
7	4	6	8	5	3	9	1	2
5	2	1	9	7	4	8	3	6
8	9	3	2	6	1	7	4	5

PROFESSIONAL DIRECTORY

HAIR STYLIST

**Salon by Design**

Are you looking for me? *I'm Olga, hairstylist from Sanibel Salon. I've moved to Salon by Design at Sanibel Beach Place Plaza, right next to the Publix across from Tanger Outlets. That's the Publix just off the island! I can't wait to see you.*



Call 590-0015 to make your hair appointment.

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How about a three bedroom, two bath plus den, new home on your lot for \$360,000!!  
1900 square feet under air.  
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Give us a call about building a new home on your lot for about the same price as purchasing an older home.  
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John Gee Jr., Broker and Ann Gee, Broker Associate  
John Gee & Company  
2807 West Gulf Drive, Sanibel  
\*RS 12/25 CC 2/12

**AFFORDABLE HOME OWNERSHIP ON SANIBEL**

Community Housing and Resources (CHR) announces the sale of a beautiful 3BR/2BA duplex home. This piling home with parking beneath, built in 2009, is 1,460 square feet, unfurnished, freshly painted, move-in ready, and located mid-island. Buyer must meet CHR's qualifications including: must be a family of 3 or more, work full-time on Sanibel, and meet income requirements.

**\$248,000 Firm**

For more information contact Kelly Collini at CHR 239-472-1189.  
\*NS 12/25 CC 1/8

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**IslandSunNews.com**  
CLICK ON PLACE CLASSIFIED

**REAL ESTATE**

**GARCIA REAL ESTATE AND CONSULTING**



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**239-472-5147**  
**garciaonsanibel.com**  
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands.  
30 Year Resident of Sanibel.  
Licensed in Florida, New York, Pennsylvania and New Jersey.  
\*RS 9/26 CC TFN

**COMMERCIAL RENTAL**

**COMMERCIAL RENTAL**



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
\*RS 12/4 CC TFN

**OFFICE SPACE FOR RENT**  
Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*NS 4/24 CC TFN



**ANNUAL RENTAL**

**ANNUAL RENTALS SANIBEL**

**WATERFRONT HOME**  
This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.  
**Please call for details**  
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**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\*RS 11/06 BM TFN

**HOUSE FOR RENT**  
West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach. \$2,500, first,last,security. 239-910-6430 or email Luvavantis@aol.com  
\*NS 12/11 CC TFN

**APARTMENT FOR RENT**  
Large 1 bedroom, east end. Ground level, screened lanais, tile floors. Dishwasher/ washer-dryer. Great for single/retiree/ or seasonal residence for such. Cat OK. Annual \$895/mo. + utilities. 239-339-2337, please leave message.  
\*NS 12/25 CC 1/1

**SEASONAL RENTAL**

**JANUARY & MARCH CONDO, 2016 AVAILABLE!**  
1 BR/1BA condo at Captain's Walk on East End of Sanibel. Queen bed, futon. On site laundry. \$2750/month. Call Lighthouse Realty 239-579-0511.  
\*NS 12/25 CC 1/1

**RE/MAX OF THE ISLANDS**  
Putting owners and tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

**BEAUTIFUL AND FUN SANIBEL HOME**  
3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 239-472-0228.  
\*NS 12/4 CC TFN

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**SANIBEL VACATION COTTAGE**  
Available March 1, 2016  
Walk to Beach, East End, 2 bedrm/ 1 bath, sleeps 4, Fully equipped  
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\*NS 1/1 CC TFN

**RESORT RENTALS**  
Sanibel, Casa Ybel, Ocean Front, Corner Unit, Wk. of 1/15 - 1/22, 2016 Only. Details, John 410-213-9530.  
\*NS 12/18 CC TFN

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PROPERTY MANAGEMENT & SALES  
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**239-579-0511**  
\*RS 1/4 CC TFN

*Cycling Safety Notes*

Ride to the right  
Warn to pass  
Wear a helmet  
Use lights at night  
Always be courteous



**SANIBEL BICYCLE CLUB**

**SERVICES OFFERED**

**HOME/CONDO WATCH CONCIERGE SERVICES**  
Dorado Property Management  
\* Island Resident \* Licensed & Insured  
\* 24/7 \* www.doradoproperty.com  
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\*RS 3/21 CC TFN

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Lawn Service, Shrubs and Tree Trimming  
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\*RS 1/25 BM TFN

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\*RS 1/4 BM TFN

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Office & Store Maint.  
\*RS 6/7 CC TFN

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Caregiver CNA lic., 16 years experience.  
F.I.S.H. background check/referral.  
Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc.  
Sheila - 239-850-7082.  
\*NS 10/16 CC TFN

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Getting your mail?  
Organizing your pre-tax worksheets?  
What about someone to organize your desk?  
Call an insured and bonded professional in to help:  
Debi Almeida offers personal assistance for you. (Discreet and Trustworthy)  
Call her today to meet 239-839-6443.  
\*NS 12/18 CC 2/5



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LOW RATES. FREE ESTIMATES.  
COMMERCIAL & RESIDENTIAL.  
QUICK CLEANS FOR \$30  
LICENSED IN CAPE CORAL & SANIBEL  
PH 239-945-2837 CELL 1-270-317-1903  
\*NS 11/27 CC 1/1

**HELP WANTED**

**CHILDCARE WORKER NEEDED**  
Childcare worker needed for special Events at Sanibel Community Church. Nursery age thru 3rd Grade. Part time with hourly compensation. Call Holly 239-472-2684.  
\*NS 12/25 CC 1/8

**HAIR STYLIST BOOTH RENTAL AVAILABLE**  
Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882  
\*NS 3/13 CC TFN

**VOLUNTEERS NEEDED**  
The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

**HELP WANTED**

**NON-PROFIT DEVELOPMENT DIRECTOR**  
The Clinic for the Rehabilitation of Wildlife, Inc. (CROW) is seeking an experienced Development Director with 3 to 5 years experience in non-profit fundraising. Candidates should have a proven track record in managing memberships, grant writing, event planning, donor cultivation, direct mail, and planned giving. Working knowledge of Donor Perfect a plus.  
Requirements  
Bachelors degree, excellent communication skills, strong writing and presentation skills, ability to work collaboratively, comfort interacting with major donors, ability to multi-task and meet deadlines.  
E-mail cover letter, resume and salary requirements to lestep@crowclinic.org or mail to Dr. Linda Estep. Executive Director, CROW, PO Box 150, Sanibel, FL 33957.  
\*NS 1/1 CC 1/22

**JERRY'S FOODS WAITRESSES OR WAITERS**  
Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

**VOLUNTEERS NEEDED**  
Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

**HELP WANTED**

**RETAIL SHOP ON SANIBEL**  
Sales person with interest in antiques. Basic computer knowledge and record keeping, year round position. Approx.30 hrs. a week some weekends. Send resume or info. to e.georgene@gmail.com  
\*NS 12/11 CC 1/1

  
**GARAGE • MOVING • YARD SALES**

**SANIBEL ESTATE SALE**  
1653 Bunting Lane  
9 a.m. - 3 p.m.  
January 2, 2016  
Must liquidate entire contents of the home.  
CASH and CARRY  
\*NS 12/25 CC 1/1

To advertise in the  
*Island Sun*  
Call 395-1213

**BOATS - CANOES - KAYAKS**

**DOCKAGE**  
Hourly, Daily, Weekly and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

**AUTO FOR SALE**

**WHITE MAZDA VAN MPV-ES 2002**  
good condition, good tires, body in good condition 99,000 miles only driven five months a year, last year of this model with automatic doors 472-9899 lindadrasnin22@msn.com reasonable price  
\*NS 12/25 CC 1/1

**LIVE ON THE ISLANDS**

**The Jacaranda** has live entertainment Friday and Saturday with DVS, playing classic rock and dance. Sunday is CJ & Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz, contemporary and dance on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn** on Captiva has live entertainment with Gatlin on Thursday. The New Vinyls play Thursday, Friday and Saturday. Crab shows are on Mondays and Thursdays.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live music Friday with Paul Ventura, Woody Brubaker and Joey Dio. On Saturday, it's Woody Brubaker on piano, saxophone and vocals accompanied by Barbara Smith and Joey Dio. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan perform Broadway, Latin hits and dance on Thursday.

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.\**

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayshore Park	Fort Myers	1969	6,588	\$2,600,000	\$2,500,000	96
Portofino	Miromar Lakes	2007	3,725	\$1,650,000	\$1,350,000	126
Gulf Harbour Yacht & Country Club	Fort Myers	2013	3,301	\$1,495,000	\$1,332,500	41
Buttonwood Harbor	North Fort Myers	2001	4,979	\$1,279,000	\$1,150,000	272
Sanctuary	Bonita Springs	2005	2,961	\$888,800	\$844,000	0
Cape Harbour	Cape Coral	1998	3,624	\$854,000	\$840,000	265
Corkscrew Shores	Estero	2015	3,877	\$799,900	\$800,000	2
Belle Meade	Fort Myers	2015	3,411	\$779,438	\$762,000	259
Briarcliff	Fort Myers	2000	4,237	\$700,000	\$685,000	241
Dunes Sanibel Island	Sanibel	1996	1,788	\$698,000	\$675,000	103

Courtesy of Royal Shell Real Estate



Pets Of The Week

Hello, name is Frankie and I am a 3-year-old neutered male pit bull terrier, white and brown in color. I was abandoned with my canine family. We had no food, water or shelter and now are in need of forever homes. I'm a quiet, easy-going guy with a rugged but handsome face. The little brown spot on the top of my head provides the perfect target for you to kiss.



Frankie ID# 644071



Thomas ID# 645490

Adoption fee: \$75 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo).

I'm Thomas, a domestic short hair, neutered male brown tabby cat, age 4. I have a wonderful, easy-going personality and would love your companionship. I like sitting on laps to be brushed and petted but I'm a very big kitty so if your lap isn't big enough I'll just cuddle up next to you.

Adoption fee: \$50 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.❄

PAWS Of Sanibel

Sampson And Delilah

Sampson and Delilah are 6 years old, but not siblings. They are neutered and spayed, respectively, and up to date on all their shots. They were seen by the vet several weeks ago. They recently lost their owner and are in desperate need of a new home, together. They are gorgeous kitties and extremely loving of one another and their people. If you can foster or adopt, call Pam at PAWS of Sanibel at 472-4823 as soon as possible.❄



Sampson



Delilah

Noel

I'm Noel, also known as, Island Girl. I was living out on the first causeway island for a very long time. My foster mom trapped me and took me to the Kitty Hospital for medical care, shots and surgery. I'm doing really well now, but I need to find a forever home. I'm still really scared. I stay in my kitty condo when my foster mom comes in the room to give me food and water. She cleans my bathroom too. This is quite different than what I'm used to out on the island, but nice that I don't have to worry about where my next meal is coming from, or having to catch it. My foster mom pets me all over and sings songs to me, but I'm still too afraid to come out while she's in my room. I hope I will be less frightened soon, because I think I would like to see what it's like to sit on her lap when she pets me. Maybe some time soon.

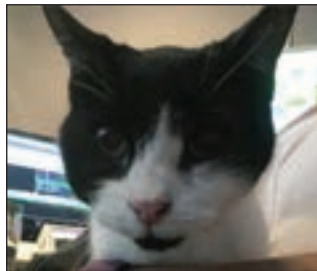
Call Pam at PAWS, 472-4823, if you want to give me a forever home.❄



Noel in her kitty condo

Cari

My name is Cari. A nice police lady picked me up from the road last week at the intersection of Periwinkle and Sea Grape on the East End. She took me to her house to spend the night and then called the lady at PAWS. I need to find my way back home to my people. I hope they read the paper this week and call Pam at PAWS, 472-4823, and make arrangements to pick me up and take me home. If you know my people, please call them and tell them my picture is in the paper.❄



Cari



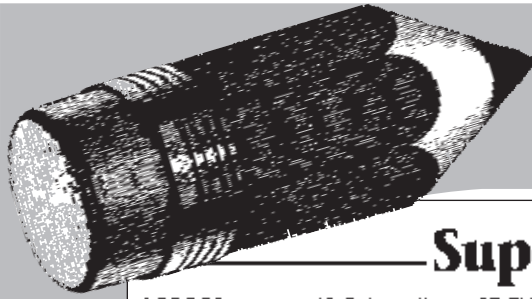
NEWSPAPER  
 Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 27B

## Super Crossword

TA-DA!

### ACROSS

- 1 Laughing sound  
5 Friends, in French  
9 Black Sea port  
15 Tick away  
19 Univ. VIP  
20 Not yet finalized, in law  
21 Dorm-mate, e.g.  
22 Yarn, for one  
23 Pulling a plug while at work?  
26 Airport for Air France  
27 "Old MacDonald" sequence  
28 Part of NYC  
29 Avoid booze  
31 Rough aml.  
32 Cal covering  
34 Water balloon battles?  
38 boredom (endure extreme tenium)  
40 Frazier's longtime foe  
42 Wa kiu neckwear  
43 "That's neither here — there"  
44 Unaffected by kiljoys?

- 49 Strips (off)  
53 Vehicles like Santa's  
54 Flowing fool  
56 Jai (fronton sport)  
57 Put in words  
59 Avenues, Abbr.  
60 Ancient valley where female spouses lived?  
65 Brock haulers  
66 Part of a full house  
68 "It — told you once"  
69 Symphony writer  
70 Bear, in León  
71 Decade against divorce?  
75 Suffix with hero  
76 Enlace  
78 Letter after sigma  
79 Legitimate  
80 Electrolysis  
81 Basketballer  
85 Mr. in India  
86 Houston-to-Chicago dir.

- 87 TV's "How — Your Mother"  
88 Water, in Paris  
89 Heavy bases under statues  
92 Firma or cotta lead in  
94 Finish doing the dishes prior to going shopping?  
101 Hand-talking syst.  
103 Scott's cap  
104 Above, to bars  
105 Muscat citizen  
106 Circus beast after  
112 Maple syrup source  
114 Fashionable  
115 Singer of the 1969 #1 hit "Dizzy"  
116 Conger, e.g.  
118 Utter impulsively  
120 "—, James!"  
121 Twenty cents in change?  
127 Straight arrow  
128 Barcelona's country, to its natives  
129 Small (be leery)

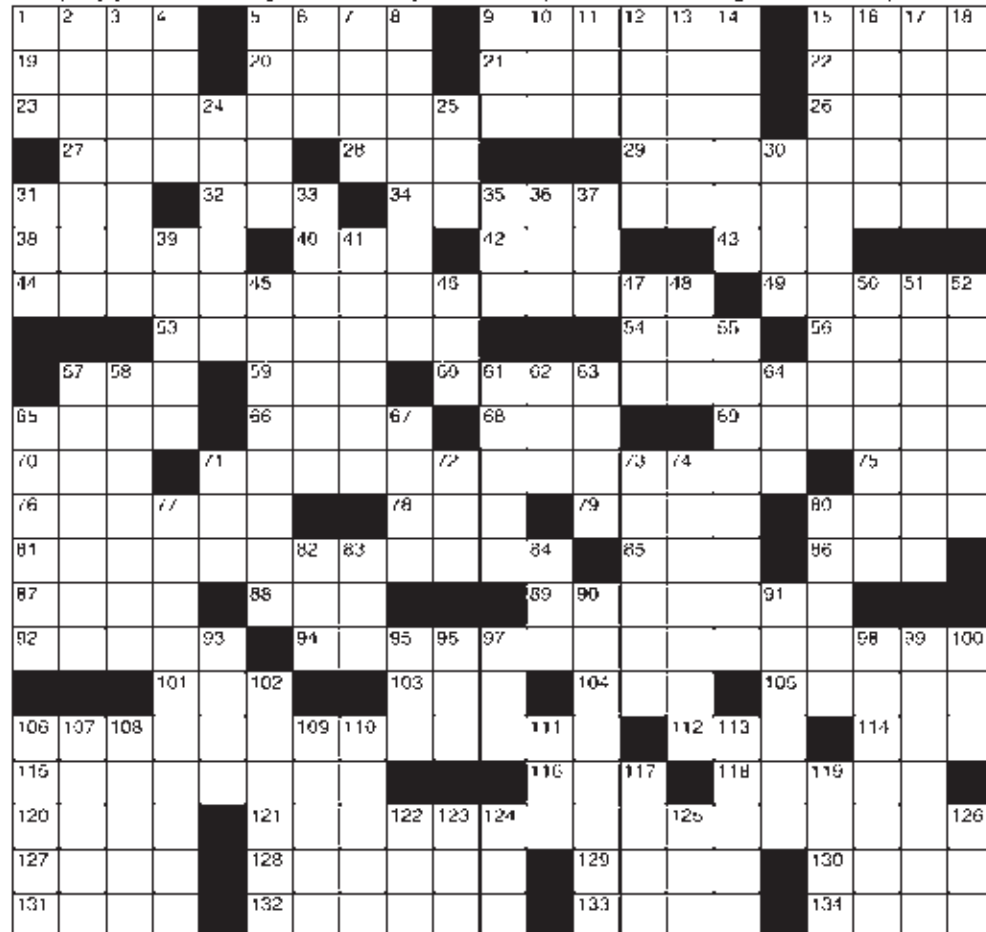
- 130 Dialogue bit  
131 Pad for a bird  
132 Gold-medal gymnast  
133 Light hits  
134 Playwright William  
1 "Veep" ailer  
2 More than forgetfulness  
3 Huge seller  
4 Naggng pain  
5 Pear type  
6 "O Sole —"  
7 13-d-gil publishing ID  
8 Entrée go-with  
9 "... boy girl?"  
10 "— amuse you?"  
11 Just about forever  
12 Singer Kate  
13 Vigorous strength  
14 Rhodes sea  
15 Scans for errors  
16 Crucial artery  
17 Sunny?  
18 Elegance  
24 Paris' lower  
25 He defeated Mondale to become pres

### DOWN

- 1 "Veep" ailer  
2 More than forgetfulness  
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6 "O Sole —"  
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15 Scans for errors  
16 Crucial artery  
17 Sunny?  
18 Elegance  
24 Paris' lower  
25 He defeated Mondale to become pres

- 30 Like a rain forest's climate, Abbr.  
31 Byrnes, who was "Kookie"  
33 New Jersey river  
35 Letters after "ays"  
36 Bottom-line  
37 American spy org.  
39 Widows or Linux, briefly  
41 Goes by foot  
45 Answer  
46 Suffix: Prefix  
47 "— did not!"  
48 Final Hebrew letter  
50 Great joy  
51 Jack of fitness  
52 Kitchen strainers  
55 Kingly state  
57 "I goofed... o'g whoop!"  
58 Prend'er  
61 Mil. rank  
62 Movie format  
63 Dress up, in  
64 Prefix with moun  
65 "Not so fast!"  
67 O to lowers  
71 Half of MIV  
72 Laughing sound  
73 Hunger for  
74 Ones getting wages

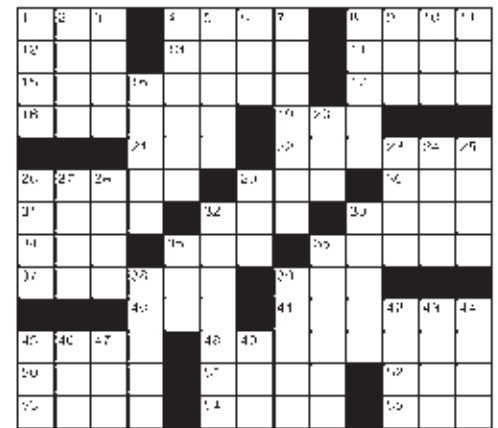
- 77 Snoring  
80 As a recap  
82 He's no gentleman  
83 Lady  
84 Beach lotion abbr.  
90 Observed  
91 Hullahaba oo  
93 Pale-looking  
95 Since Jan. 1  
96 Taproom  
97 Osinchi's kin  
98 Persian Gulf country  
99 Linking up  
100 Pound sound  
102 Pantry  
106 Joel Coen's brother  
107 Unfettered  
108 Thompson and Watson  
109 Cacophony  
110 Entice  
111 Beatty of film  
113 Aids in crime  
117 Old Italian money  
119 Aptly named citrus fruit  
122 Have a bite  
123 "That's — (L'Amay)"  
124 East Indian flatbread  
125 Hiking aid  
126 By birth



## King Crossword

### ACROSS

- 1 Lustrous black  
4 Corned beef concoction  
8 Into the sunset  
12 Unoriginal one  
13 La Scala show-stopper  
14 Related  
15 Vitamin B-1 deficiency  
17 Kind y bloke  
18 Submit  
19 Pi follower  
21 Schedule abbr.  
22 Moul'n Rouge dance  
26 Book of maps  
29 Yank  
30 Discoverer's cry  
31 Seethe  
32 Historic boy king  
33 "Big Brother" host Julie  
34 Census datum  
35 Census datum  
36 Ad for an upcoming broadcast  
37 Chocolatey treat  
39 -101(K)



- alternative  
40 Pompous sort  
41 Halo  
45 Opposite of  
8 Across  
48 Samoan port city  
50 United nations  
51 Stench  
52 Under the weather  
53 "Little Women" woman  
54 Preschoolers  
55 Curstic solution  
3 Gull's cousin  
4 Customs  
5 Gladiators' venue  
6 Knightly address  
7 Tonsorial task  
8 Cart  
9 out a living  
10 Summon subject  
11 Stick with a kick  
16 Perfect  
20 Crane  
23 Silver salmon  
24 Throat clearing sound  
25 Tuboo act  
26 Common  
rhyme scheme  
27 Takeout order  
28 Property claim  
29 Monkey suit  
32 Sawbuck  
33 Muscle woe  
35 "Help!"  
36 Rap sheet: data  
38 Sheetload of cookies  
39 Gold mold  
42 \$50.00 "Monopoly"  
43 Unattractive  
44 Unrivals  
45 Recede  
46 Hearty brow  
47 Taper  
49 Big fuss

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L M K I F D B Y S S T O L I P  
M L B P L A Y E R S E W U S Q  
I O M K I F R E E R D S S B Z  
N X W U S I H Q R E S N R O N  
E E L J P C H F O Y Y A E U D  
R C M M A A Y W B A E I T S N  
S V U E S R E Y A L K C I R B  
T S T Q R P N L L P C I R O K  
I H F E C I L O P A O S W T E  
C B Z Y W V F U S B J U R C Q  
S R E Y A L P L F N P M N A M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Actors	Laborers	NBA players	Teachers
Bricklayers	Miners	NFL players	Umpires
Firemen	MLB players	Nurses	Writers
Jockeys	Musicians	Police	





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